



DECEMBER
2021

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KRITI

CHAIRPERSON'S MESSAGE



Dear Amitians,

After the successful completion of your Term-1 Board Examination, Its time for you to unwind yourselves and may way to embark for other upcoming challenges with full energy and lot more focus to make your dreams come true. The month of December brings with it a basket full of warmth, hope , glad tidings and celebrations. We are celebrating Christmas festival along with making plans and resolutions for the New Year 2022. As I reflect on the year 2021, I feel that it had been a year shaped by a Global Pandemic, .As we are approaching towards the end of the year we-cannot-wait-to-leave-behind approaches, we pause to reflect on the lessons learnt, remember the best and worst, and we start contemplating a new year energized by hope.

Every day is a special occasion. Remember that small politeness's (like wearing a mask in public over your nose and mouth) can make a huge difference.

Be kind to yourself, take steps to improve your mental and physical health every day. Taking the time to align what matters to you and how you want to move forward in life post-pandemic is something you should spend time thinking about . Take lots of time over Christmas and New Year to really recharge so you have heaps of energy for what 2022 throws at all of us!

Successful are those who never give up to difficult situations and problems. You have a lot of potential to make the impossible possible. Wish you a successful year ahead.

Happy new year!

PRINCIPAL'S MESSAGE



Developing '**The FIVE MINDSETS**' to enhance thinking skills.

As we welcome the new year 2022, it is time to applaud all the great achievements, we have had in the past and make new resolutions. As per our experiences in the education fraternity, it is all in our thoughts, whose adaptation form habits, sublimating into one's work profile which eventually takes you forward in your career path. Developing a thinking mind is a great way to move towards personal and professional success. The five types of mindsets described here , originally given by Dr Howard Gardener, an American developmental psychologist shall certainly help you in this regard .

1 The Disciplined mind guides in bringing discipline in the way you work. Whether you are a vocalist or a chess player, embrace your subject in a disciplined way. Inculcate good habits, reiterate for 30 days in a row, till it becomes a part of you.

2 The Synthesizing Mind makes you learn to critically analyze information received from a variety of sources. Question the sources of knowledge and get them validated from experts like teachers. See the big picture in your life and make learning lifelong.

3 The Creative mind inspires you to be innovative with a creative mindset and is a unique asset that some individuals possess. It is not only about creating new things but also about finding new ways of doing the tasks at hand by finding creative solutions to the problems that come your way. Making the most of online studies, while maintaining good mental and physical health, needs creative prepositions too. Don't be afraid to fail , and consider failure as a part of the process towards achieving success.

4 One can develop, The Respectful Mind to understand differences between individuals and value & accept ideas that are different from yours. It is great to empathize with others by putting yourself in the other's place. Respecting parents, teachers, environment, community, your nation and the universe should come effortlessly to you.

5 Students must aim to develop The Ethical mind, that guides towards finding purpose beyond self-interest. Its purpose is to instill in children the habit of being good citizens who think unselfishly to improve the lot of all. An ethical mind ponders over one's own nature of work and the needs of society. Service-learning projects go a long way in developing an ethical mind. As inferred in our ancient Vedas :

लोकः समस्ताः सुखिनो भवन्तु

Lokah Samastah Sukhino Bhavantu is a Sanskrit mantra that means , May all beings everywhere be happy and free, and may the thoughts, words, and actions of one's own life contribute in some way to that happiness and to that freedom for all. Wishing all the readers to develop the mindsets that are progressive towards peace and harmony for all.

Happy Reading!



OMICRON ! THE EVIL RULER

Omicron! Omicron! Why don't you leave us alone?
Why don't you let us live our life just like it was before?
Omicron! Omicron! Why don't you leave us alone?
I don't want to spend another year, just sitting at home.
We're familiar with your uncle, Corona is his name,
Finishing and destroying your uncle is our only aim.
His reign was not over and you struck on us again,
Why can't you or your uncle feel all our pain?
Our time will also come,
We will also shine.
We will together end your rule,
And remind you of your crime.
Omicron! Omicron! Why don't you leave us alone?
Now be ready to feel the wrath of our vaccines,
And permanently be gone

AYAANSH KUMAR (CLASS 3E)

THE GREEDY SNAKE

A hedgehog was hungry
"Where is the snake?"
The snake was living happily
Near the small lake.
One day, when the duck laid eggs
Greed was coming to the snake
When he had eaten all of them
He sat beside the lake.
The duck was seeing all this,
But she was too far away.
She was crying a lot
But got a plan the next day.
She found the hedgehog
And told it all about the snake
The snake was eaten by it
Near the small, pleasant lake.

UTKARSH CHOUDHARY (CLASS 4I)

CHRISTMAS



Christmas is here
so let us let Santa appear
let's light our homes
and meet all the gnomes
Christmas is all about joy
and getting some toys
let's get cooking
and make some pudding

let's make Christmas wishes
and get some kisses
let's make these memories
last for centuries.

MEERA KERUR (CLASS 4J)



ATHARV GARG (CLASS 5H)



WINTERS

Winter is the time the best time,
To lie inside your cozy bed,
I will wake up late as you,
This is what the sun said.
While sitting inside the blanket,
I love to sip my hot tea,
There is so much fog outside in winters,
That I can hardly see.

NAYONICA KALARAMNA (CLASS 6I)

WONDER



Your looks don't define you,
Your personality does.
You don't need to fit in when you were born
to stand out.
God made you special,
To change the world's point of view.
No one is ordinary,
We all have a flaw or two.
Just know you are one of a kind,
And that your deeds are your monuments.
If the world is the universe,
Then you are the Sun.
So if you want to know someone, all you
have to do,
Is take a look inside them and wonder.

RIDDHIMA SENGUPTA (CLASS 7C)

CURIOSITY KILLED THE CAT

Curiosity killed the cat
But satisfaction brought it back
Being curious is never a sin,
It makes you confident and raises your chin!
It helps you understand how washing machines
are built
Or how to make a beautiful quilt
Being curious is never a sin,
It makes you confident and raises your chin!
Oh, how delightful it is to simply know
Learning about things like how to sew!
Being curious is never a sin,
It makes you confident and raises your chin!

DISHA DHIR (CLASS 7B)



ALIKA (CLASS 6A)

Creativity -Senior School



I WISH

When she looked in the mirror
All she saw were words like ugly, not good enough, fat.
I silently cursed them for labelling her things like that.
Because of them she didn't think she could be loved.
Because of them she cried for hours until no more tears could come.
She didn't see how beautiful she was.
The most incredible despite the flaws.
She didn't realize she needn't change.
For I had fallen for her anyway.
I knew I loved her more than she ever loved herself.
She despised herself actually, thinking she was worthless.
How would I ever show her I loved her more than this whole world?
They made sure she hated herself so much that she wouldn't even believe my words.
But more than showing her I loved her more than anyone else.
I wish I could show her how to love her own self.

SUDI KSHA SARCAR (CLASS 12 H)

PHOENIX

It fears not its own end,
perishes away to its origin
it continues to rise,
transcend, like its brethren.

Consumes the fire within and without
but inner passion ever ignites
Refined does it rise again
when time is ripe,
reborn with evermore strength
to recommence life.

Eyes brighter, wings longer
heart bigger.

Brighter eyes to defeat darkness
longer wings to soar higher
more dazzling its inner fire
more courage to fulfil every desire.

ANVI CHAWLA (CLASS 11 H)

I HAVE BEEN ESTRANGED

I have been estranged
From the past I had laid
For everyone to shatter me
As if there was nothing else left to see.

I have been estranged
From the society that prayed
For everyone to fail
So they could falsely wail.

I have been estranged
From the world which betrayed
Full of liars and cheaters giving excuses
Chuckling and celebrating when someone loses.

I have been estranged
From the life that disdained
Hoping to provide tranquility
Bothering me for eternity
I have indeed been estranged...

NANDINI (CLASS 10 C)



पानी की बर्बादी



पानी कहता - मुझे न करो बर्बाद
बस तुम इतना रखो याद ,
मेरे बिन तुम क्या करोगे ?
प्यासे ही बस रह जाओगे ।
अब तो कर रहे हो मुझे बर्बाद ,
जब नहीं रहूँगा तब आएगी मेरी याद ।
क्योंकि जीवन का सार है जल ,
इसे बचाना है हर पल ।
यदि पानी यूँ ही बहाओगे,
तो बूंद- बूंद को तरसोगे ।
करो फैसला मिलकर आज -
“पानी हमें बचाना है , धरती को स्वर्ग
बनना है ।

सर्दी के मजे

कड़कती हुई सर्दी आई ,
बर्फीली हवाएँ संग अपने लाई ।
ठिठुरन हर दम बढ़ती जाए ,
स्वेटर से भी चैन न आए ।
सूरज देवता का सब आनंद
उठाते,
कंबल और रजाई ओढ़कर खुद
को बचाते।
चारों ओर कोहरा छाए,
चाय का प्याला सब को खूब
भाए।
शीत ऋतु का मुझे रहता है
इंतज़ार,
आता है इस समय क्रिसमस का
त्योहार।

अव्यान तलवार- पाँच - एफ

वन्या वर्मा - चार 'एफ'



KANISHK VERMA (CLASS 6A)



AAHAN KAUSHIK (CLASS 4D)



SAHONI SAHA (CLASS 9C)



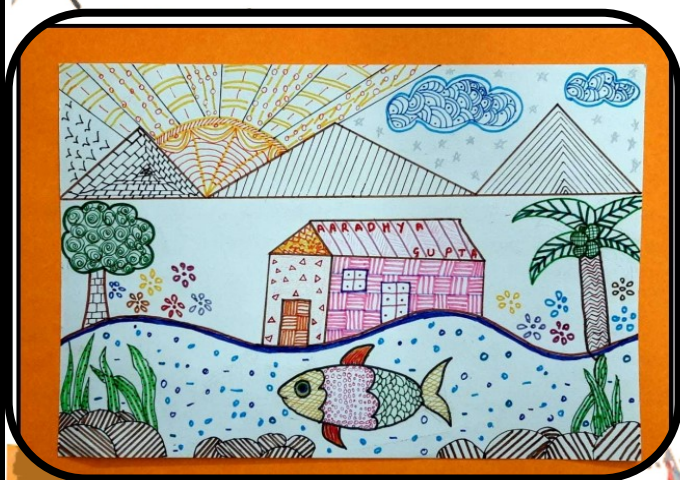
SUDI KSHA (CLASS 12H)



AASHITA SHARMA (CLASS 5D)



AADITI PANT (CLASS 6G)



AARDHYA GUPTA (CLASS 4I)



BHAVYA SINGHAL (CLASS 9D)

Achievements



AMITY UTSAV held at AIS—v1 on 1st December 2021

- ◆ **ANANYA CHATURVEDI** (Grade 1) got special mention in Story Weaver Competition
- ◆ **ANSHI SIKKA** (Grade II) secured 2nd Position in Finger Painting Competition
- ◆ **AVANI CHANDAK** (Grade V) won Consolation in Sanskrit Shloka Chanting Competition
- ◆ **PARTH KATOCH & UDDISH MAHAJAN** (Grade VIII) got Consolation in Quiz Competition.

INTACH, HERITAGE QUIZ 2020 held on 3rd December 2021

- ◆ **KYRA VAGHELA** (Grade IX D) secured 2nd Position in INTACH HERITAGE QUIZ, 2020 along with a cash prize of INR 3000/-

HEPATITIS DAY held at ILBS on 4th December 2021

- ◆ **AMANJOT SINGH** (Grade IX) secured 2nd Position in **Cartoon Making Competition**.

DARPAN 2021 held at S D ADASH VIDYALA Gurugram on 11th December 2021

- ◆ **DEVANSH PARMAR** (Grade I) secured 1st Position in **The Healthy Future—Yoga Competition**.
- ◆ **SHAYNA GOEL** (Grade III) secured 3rd Position in **Kavita Gyan Competition**.

KAIZEN held at HDFC School on 15th December 2021

- ◆ **RADHIKA GUPTA & DIYA DHIR** (Grade XI) secured 2nd Position in **Writer's Web Category**.

SCIENCE COLLAQUIM held at Amity Global School, Noida on 22nd December 2021

- ◆ **SUHANI GUPTA** (Grade VII) & **AVNI SAXENA** (Grade VIII) won 2nd Position in **Awareness Through Campaign**
- ◆ **MISHA SINGH, PURVI KONERO & SPARSH SAHNI** (Grade XI) won 1st Position in **Forum Deliberation**.

EBENEZER 2021 held at Manav Rachna International School on 23rd December 2021

- ◆ **KARTHIK VENKATESWARAN, SHIVAAN KHATI, DHARUV BHARGAVA, DARSH NAIR, SHIVIKA SONI & ABHIK KARMAKAR** won 1st Position in **Grade 6-8 Rejoicing Angels**.
- ◆ **MANIK SHARMA, ATHARV JAIN, MISHIKA MINOCHA, NAYRA JAIN, SUKHMANN RATTAN, YASHVI VERMA, ADWAITA BASU AND SHIVPRIYA BHARGAVA** of Grade IV won 2nd Position in **Grade 3 - 5 Melodious Elves**

REPORTS

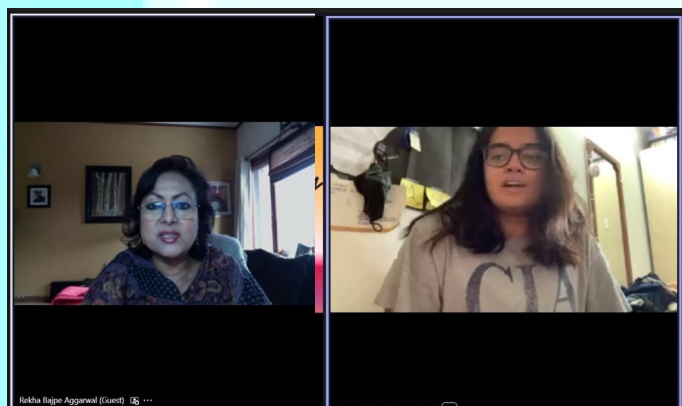
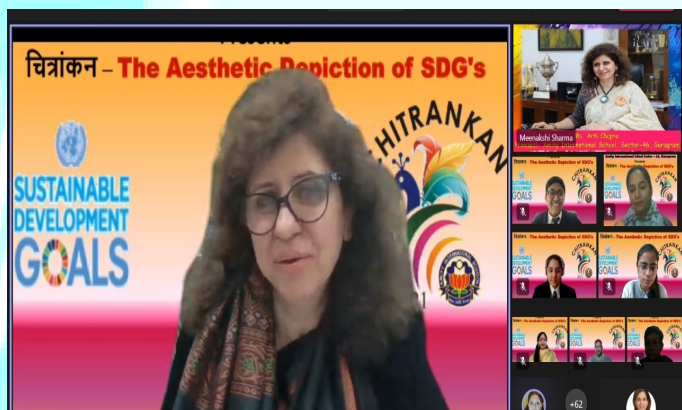
चित्रांकन – THE AESTHETIC DEPICTION OF SDG'S, 2021



The School organized an **Interschool art fest- Chitrankan** on 16th and 18th December, 2021, for the sixth consecutive year. It aimed to let students innovate, create, explore and express themselves through a plethora of zestful competitions through a virtual platform- Ms Teams .These intricately woven competitions for the students of **Grades II to IX** were to dive into a myriad of opportunities, harness the creativity and redefine realities through art and sculpture. The enlightenment with the help of Art and its integration with the strategic development goals was

a step in the direction of making students connect with real life, make learning authentic and encouraging them to design viable solutions. Around 70 schools participated zealously in various events like Dot Painting, Clay Relief, Madhubani Art, Typographic Portrait, Story Board Cartooning, Digital Art and Round Sculpture. Out of the seven events, 5 were conducted offline and 2 online for the question answer round which were judged by Ms. Rekha Bajpai and Ms. Urvashi Singh on 16th December, 2021. The closing ceremony of the festival was held on **18th December, 2021** and was graced by the school Principal, Ms. Arti Chopra and other esteemed judges. The students performed exceptionally well considering today's unique circumstances. Their performance and enthusiasm were well appreciated by the judges, teachers and the audience. The winners received e-certificates for their commendable performances. The overall Champion trophy of the fest was won by Amity International School, Vasundhara 1 and Tagore International School, Vasant Vihar.

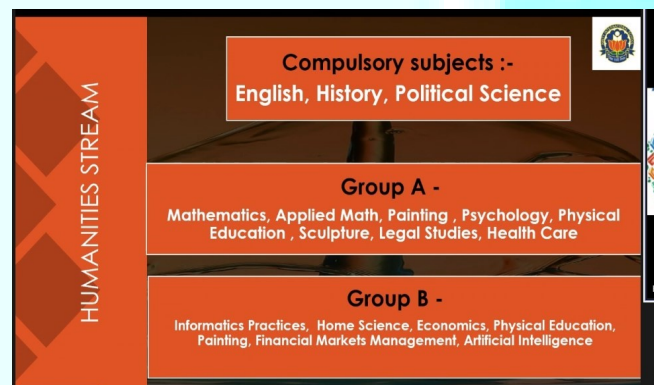
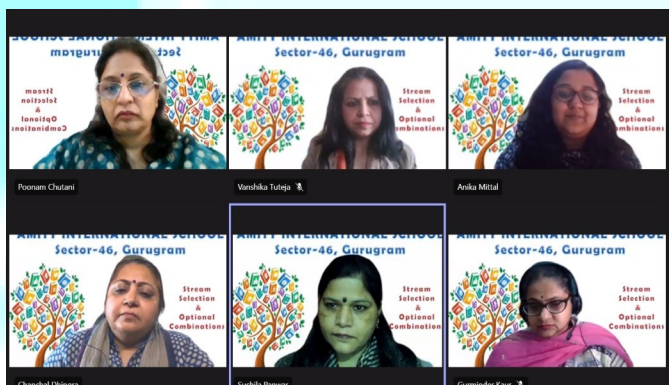
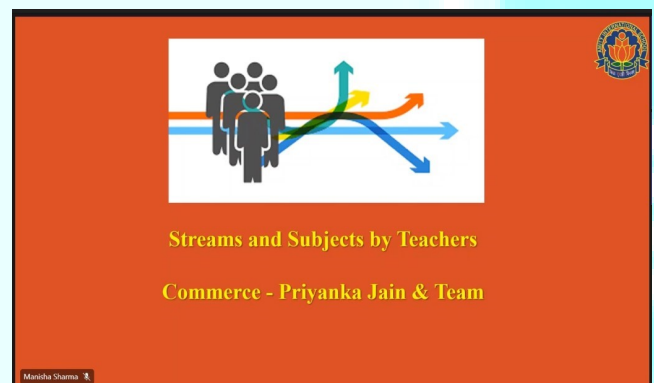
The Principal congratulated the winners and Ms. Abha Gupta extended a vote of thanks to all present for making the show a great success. The confidence, expression and talent of the students made the online event truly memorable.



REPORTS

STREAM SELECTION AND OPTIONAL COMBINATIONS- AN INSIGHT

An enriching virtual session on 'Stream selection and Optional Combinations' was held on MS teams on Dec.22,2021 from 2:00 PM– 3:00 PM for the students about to pass out of Class X. Session began with the virtual lighting of the lamp, followed by a visionary welcome address by Principal, Ms. Arti Chopra. The Session commenced with the Subject representative of Science, Ms. Seema Kaushik sharing her thoughts about science stream as a career. It was followed by the HOD's of Physics, Chemistry, Mathematics, Biology and Computers giving an insight to the students about the career prospects that their subjects offer. Commerce, as a viable stream option was discussed at length by the Stream Representative Ms. Priyanka Jain, followed by HOD Accountancy, Economics, Information practices too shared their perspective on how choosing their subjects for higher education can define the students' careers. Last but not the least, the Humanities Stream option was discussed at length by the respective subject representative Ms. Bhavana Sharma. She also guided the students on many career options if one chooses psychology as their major subject. This was followed by the insight from HOD English, Legal studies, Home Science, and Sculpturing.



GLOBAL CHANGE MAKERS 2021

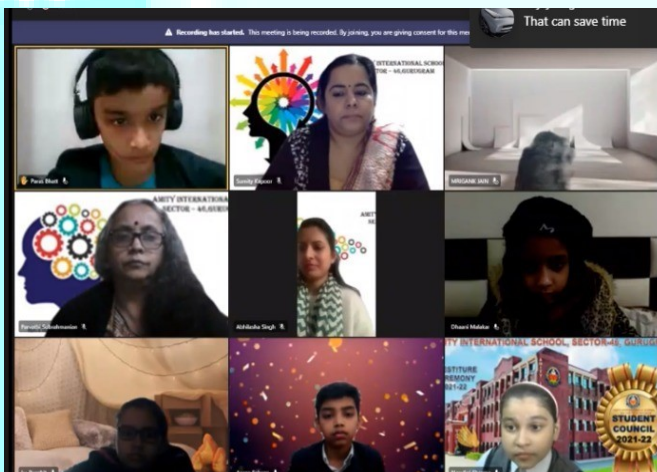
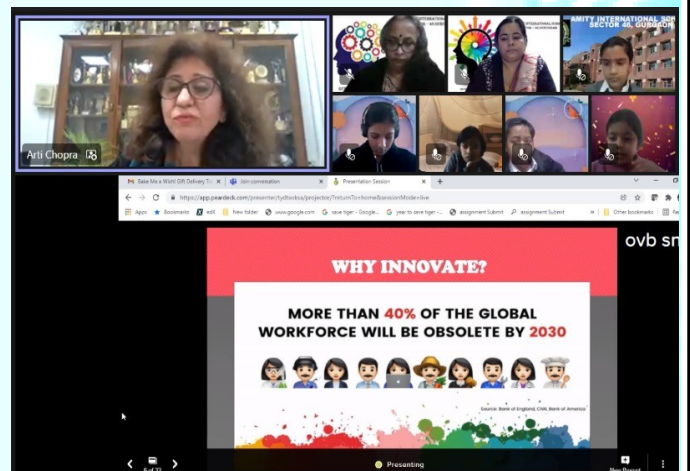


AISG-46 under the dynamic leadership of its Principal Ms. Arti Chopra has always been trying to give a multifaceted exposure to its students. The learning should never stop no matter what the situations be. An interview with Global Changemakers - who are playing a very positive role in making this world more liveable was organized online on 8th December 2021 in this new endeavour. Khanak Gupta and Kshitij Raj Srivastava (grade 8) got an opportunity to interview Mr. Neeshad Shafi, a very influential climate change educator, speaker and activist from Qatar under the Youth Forum Switzerland program. Listening to the views of Mr. Shafi was quite inspiring. It made the students understand how serious the topic of climate change is and how small steps can make a big difference.

REPORTS

RETHINKING INNOVATIONS : WORKSHOP FOR GRADE IV—V

A workshop on 'Rethinking Innovations' was held virtually on Dec.14,2021 for the students of class IV and V conducted by respected Principal ma'am Ms Arti Chopra. The workshop commenced with a gripping discussion where the students poured their understanding of 'Innovations' and shared solutions on how they can create an impact through an innovative use of technology. Students illustrated and penned down their ingenious thoughts on peardeck. They also got acquainted with a simple fact that innovation can be done even without a laboratory, after all, change begins at home. In addition to this, students shared their brilliant ideas for a simple machine that they would like to innovate. As the workshop progressed, the students were enlightened about the process of exploring the limits of their understanding by asking questions, investigating laboratory, online research, reading case studies / articles, recording observations, etc. Furthermore, the students were encouraged to believe in their ability to think mathematically during the problem solving discussion as they were familiarized with the problem solving loop. They used the elements of the loop and answered a few story based questions which helped them to evaluate their comprehensions. Finally, they were facilitated to derive solutions in the form of new ideas for their resourceful creations. It fostered curiosity in the students to use all the tools introduced to them today, empowering them to take charge of their learning. Thereafter, the young minds interacted with Principal ma'am and shared their reflections and take a ways. Overall, the workshop triggered inquisitiveness and proved to be conducive for all the students.

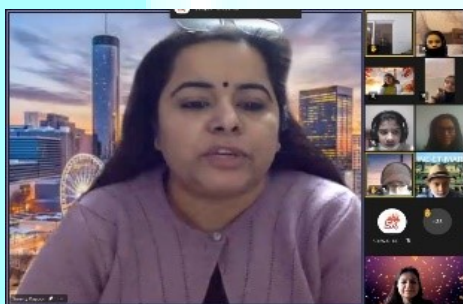


VIRTUAL EXCURSIONS (GRADE III—V) REPORTS



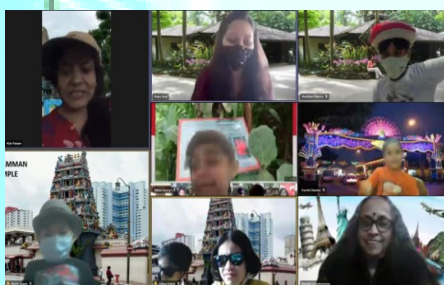
Virtual excursion tours were organized for Grades III, IV and V to Singapore, United States of America and France respectively. The virtual journey commenced by seeking the blessings of respected Principal Ma'am, Ms Arti Chopra followed by boarding the school bus to the IGI airport. Students were reminded to maintain distance, wear masks and sanitize their hands from time to time. Instructions on conduct, checking of passport, boarding pass and visa were given to all

the three classes. They were also made familiar with the fact that every country has its own currency. After boarding the flight, the students were briefed about the safety rules to be followed on the plane. The flight of students of Grade III landed at the Singapore Changi Airport. All boarded the bus and headed for Sans Hotel. After a lavish breakfast the students got ready to board the train for Santosa Island. The children enjoyed taking a selfie near the Universal Studio. They danced with the Minions and enjoyed the Spiderman shooting. The students walked into the tunnel with the sharks swimming over. They also admired the huge aquarium where they could just sit for hours and observe the sea life. They enjoyed at the Singapore Zoo which is one world-class tourist attraction that is not to be missed. The semi-open enclosures and tropical jungle habitat gave the students a refreshing glimpse into how animals might behave in their natural environments. Singapore is a foodie's paradise where the students relished their meal by the sea side. The students were fascinated on seeing the variety of orchids available at the Orchid Garden.



On reaching USA, students of Grade IV learnt about national symbols of the country. They took a walk to The Times Square and were then guided towards the beautiful Statue of Liberty- the iconic symbol of peace and unity. They were mesmerized by a 360 degree view of -The Niagara Falls. The best part of the trip was the famous Disneyland. Later, the students had lunch at the beautiful Disney's Hollywood Studio. They were then taken to another nearby attraction- Disney's Animal Kingdom. Students were briefed about various animal species residing in Disney's Animal Kingdom thereby

kindling their light of knowledge. On reaching France, students of Grade V virtually visited historic destinations such as the Louvre Museum, Eiffel Tower and Disney Land. They were awestruck looking at Eiffel Towers and had a great time at Disney Land. The students bought souvenirs from France for memories. Sr. Coordinator Primary, Ms. Sumity Kapoor and Academic Coordinator, Ms. Parvathi Subrahmanian also joined the excursion and cheered the students. All classes took a return flight to India's capital, New Delhi. Then through a Quizzez activity, the students recapitulated what they had learnt about the different places that they visited. They were asked to share their best pictures and reflections from the trip via Padlet. The aim of virtual picnics was to promote and inculcate a sense of social and global consciousness among students. It was an extremely fruitful and an enriching experience for the students and thoroughly enjoyed by them. The session culminated with a Q&A round, wherein the respective experts addressed the relevant queries of the students. A feedback form was shared with them to be filled. Overall it was a very fruitful session which witnessed the participation of around 200 attendees, inclusive of parents and students. This unique opportunity provided by the school to its students was appreciated by one and all.



REPORTS

VIRTUAL WINTER CARNIVAL (GRADE I - IV)

The school organized a Virtual Winter Carnival for the students of Grades III & IV on 23rd December, 2021 and I & II on 24th December, 2021. The boundless joy of celebrating this festival was quite evident on the faces of each child. They were happy to attend the online celebration in vibrant colourful attires. Many of them sported their Christmas caps, head gears and Santa Claus masks and were ready for the occasion. The message of peace, happiness and forgiveness were brought forth through this carnival. The students of Grade I participated enthusiastically in various games like spot the difference, word search, truth or dare, riddles, tongue twisters and learnt how to make desiccated coconut ladoos. DIY activity was conducted wherein Christmas bell Craft was taken up. Students were encouraged to decorate their own Christmas tree. In Grade II, both children and their parents participated enthusiastically in various games like- Spot the Difference, Word Search, Truth or Dare, interesting riddles and tongue twisters. Children learnt to prepare delicious Christmas treat 'Chocolate Pops'. DIY activity was conducted wherein Angel making Craft activity was taken up and children were encouraged to create their own Christmas corner. Children danced on the Christmas carols to spread the joy of the festive season. **The students of Grade III** engrossed themselves in the activities like 'Spot the difference' 'Puzzle Games', 'Santa Delivery game and 'Dance and Freeze'. The 'Tongue Twisters' was the most enjoyable and entertaining activity of the event. The virtual prizes after each game added more joy and excitement in them. They had gala time singing Christmas carols and dancing together. In Grade IV, fun filled games like Scavenger Hunt, Riddles, Tongue Twisters, Balloon Shoot, and Quick Art were conducted which the children thoroughly enjoyed. The festivities continued with students cooking without fire and enthusiastic participation in Quiz to enhance learning. Carols were sung and children danced to perfection. The students of Grades I to IV shared their reflections on Padlet. They wrote about their take away from the current year 2021 and their New Year resolutions. The enthusiasm, vivacity and liveliness of the winter carnival were evident in each of their reflections. Sr. Coordinator, Ms. Sumity Kapoor and Academic Coordinator, Ms. Parvathi Subrahmanian appreciated the efforts of the teachers to make Winter Carnival a success. The celebration ended by wishing each other **"Merry Christmas and Happy New Year 2022."**



REPORTS

VIRTUAL CLASS PRESENTATION JEWELS OF INDIA (GRADE V)

The students of Grade V presented a wonderful assembly on the topic 'Jewels of India.' Following the tradition, the presentation began with invoking the blessings of the Almighty along with best wishes from Our Respected Founder Sir Dr. Ashok K Chauhan and beloved Chairperson Ma'am Dr. Mrs. Amita Chauhan. The programme unravelled with the virtual lighting of the ceremonial lamp. As a token of love and respect virtual Tulsi was offered to all the guests present. Respected Principal Ma'am Ms. Arti Chopra addressed the august gathering highlighting the various programs being undertaken by Amity imparting the value-based education to its students. She also motivated the students to be persistent in their endeavors just like the rivers cut through rocks not because of their power but all due to their persistence. The narrators flagged off the presentation with their powerful dialogue delivery and gave us an insight into India, especially about its famous personalities who have garnered appreciation worldwide through their work in various fields. The proficient Amitians depicted the hard work of those women along with other famous scientists through Science Symposium. The Radio Talk Show showcased the incalculable contribution of the Mathematicians. The Hindi Kavi Sammelan, a beautiful blend of information and laughter, by the students exalted everyone's mind and spirit whereas the Ted Talk of famous authors added some captivating moments to the presentation. Everyone's feelings started to overflow after watching the Radio Jockey Show put up with great conviction. The presentation concluded with students sensitizing the audience that the development is sustainable when it meets the needs of the present without compromising the ability of future generations to meet their own needs. The young Amitians also took a pledge to empower themselves to be always inspired to pursue their dreams and contribute towards the global community development. The confidence, grace, and enthusiasm with which the students performed, and the efforts put in by the Class teachers were appreciated by the Senior Coordinator, Ms. Sumity Kapoor and the Academic Coordinator, Ms. Parvathi Subrahmanian, in their addresses. Overall, the event was a great success and a good learning experience for everyone.



VIRTUAL CLASS PRESENTATION REPORTS

VOICES IN CONTENTION (GRADE VII)

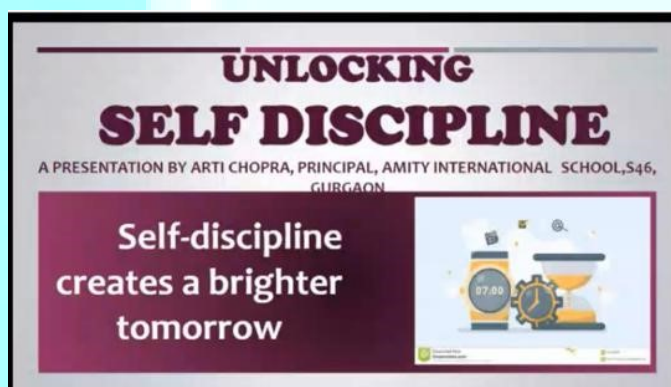
Students of class VII participated in class presentation to display their oratory skills. Voices in Contention - a debate competition where students voiced their opinions on the most current topics to create awareness. The presentation was inaugurated with the inspirational words of our Principal ma'am Mrs. Arti Chopra. Students of classes VII debated with each other by juxtaposing 'For' and 'Against' each other's perspective.. The judges praised all participants for the commendable research in their content. The competition was worth-enjoying for the audience. Every debater was cheered and applauded for their pleasing presentation and sharp arguments. The programme culminated with the pearls of wisdom showered on students by the CTs to motivate our budding Amitians. The presentation was a huge success.



WORKSHOP ON SELF-DISCIPLINE (GRADE VII)

A workshop on 'Self-discipline creates a brighter tomorrow' was taken for class VII students by the Principal, Ms Arti Chopra, on 17th December 2021. The session began with an inspiring introduction about the importance of self-discipline in the lives of students. Students interacted through Peardeck slides to put forth their ideas and thoughts. Many thoughtful and motivating videos were shown to students. The importance of planning, discipline and organization skills was highlighted through the same. Students learnt that hard work, will-power and motivation are integral part of being successful. The benefits of self discipline were emphasized through examples and anecdotes that the students could easily relate to.. Various approaches such as a quiz on MS FORM were taken up to make students reflect on their own level of self-discipline . The strategies for mastering self-discipline were discussed at length with an objective to make students practice discipline in their day-to-day lives.

Ma'am also stressed the significance of 'Key-stone habits' as a path to self-discipline and how habits remain with us for a life-time. Hands-on activities such as 'HABIT-TRACKER', 'KAIZEN' were taken up to engross students and keep them engaged. The students highly benefitted from this interactive session with Principal ma'am.



GPSC WORKSHOP : DESIGN THINKING IN ACTION

Gurgaon Progressive Schools Council has always been instrumental in coming forth and opening myriad opportunities for its associates in terms of teacher and student skill building exercises. With a view to empower the teachers with new approach towards innovation techniques to have a human-centered perspective, and yet a scientific approach, towards solving a problem, a workshop for teachers on Design Thinking in Action was conducted virtually on 21st December'2021 on MS Teams platform the school. Around 88 teachers from 32 GPSC member schools attended the online workshop on Design Thinking. The workshop aimed to immerse teachers into the world of innovation as a systematic process of tackling relevant problems and to provide a social and thinking space for the recognition of innovation challenges and the design of creative solutions.

The resource person and trainer of this workshop was Ms. Arti Chopra (Principal, Amity International School, Sector-46, Gurugram). The Session began with the shloka chanting along with a virtual lamp lighting for invoking the blessings of all mighty. During the session Ms. Arti Chopra emphasized that Design thinking is a mindset, it is the confidence that everyone can be part of , In a bid to create a more desirable future, and a process to take action when faced with a difficult challenge. After highlighting the components and principles of Design Thinking, she went on to explain the five-step process that is iterative in nature and help educators to find solutions to the prevalent problems by developing the design mindset. A variety of ICT tools were used during the workshop that engaged the attending teachers, right from making Empathy maps, Journey maps, brainstorming techniques, developing Persona, storytelling and Venn Diagram. Design thinking workshop began with understanding the users and ideating on possible alternative, based on what they need. The participants could use this perspective to develop critical thinking and creativity skills. Teachers were made to reflect on Covid classroom situations for students and come up with vibrant solutions.

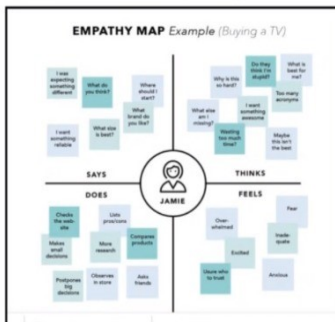


NAME _____ SCHOOL'S NAME vega schools DATE _____

DESIGN THINKING PROJECT TITLE: _____

DISCOVER	INTERPRET	IDEATE	EXPERIMENT	EVOLVE
Doing a survey to understand the problems faced by women on daily basis.	Finding the root cause of the situation			

An empathy map is a visualization tool which helps you sum up what you learned from design research to help you better understand your users and articulate what you know to colleagues and stakeholders



A typical empathy map includes four quadrants:

Say - What the user says about the product.

Think - What is the user thinking about when interacting with a product? What occupies the user's thoughts? What matters to the user?

Feel - This section contains information about the user's emotional state. What worries the user? What does the user get excited about? How does the user feel about the experience?

Do - What actions does the user take? What actions and behaviors did you notice?



REPORTS

AWARENESS & TRAINING ON SUDDEN CARDIAC ARREST RESUSCITATION (CPR)

An enriching session on Awareness & Training on Sudden Cardiac Arrest Resuscitation was organized for the students and teachers of grades IX to XII on Dec.23'21 by a team of qualified doctors and trainers. The team of trainers comprised of Dr. Kartikey Bhargav - Director, Cardiac Electrophysiology and Pacing at Medanta -The Medicity, Gurgaon, Ms. Sumaiya Raghavan – Operations Head and Mr. Anand Shrivastava - Project Director. It was based on Cardiopulmonary resuscitation, better known as CPR which is a lifesaving technique that's useful in many emergencies, such as a heart attack or near drowning, in which someone's breathing or heartbeat has stopped. The session started with sloka chanting. The panel of doctor and trainers were welcomed by the Principal Ms. Arti Chopra with virtual Tulsi sapling. In her welcome address she emphasized on the importance of learning CPR in today's scenario when the number of sudden cardiac arrest cases are increasing day by day. During the session the trainers and doctors explained how to recognize the situation when an individual is suffering through sudden cardiac arrest. They explained the process of giving CPR and demonstrated the method through ppt & videos. The do's and don'ts of the Cardiopulmonary resuscitation were explained in very simple language so that it could be easily understood by students and teachers. The use of AED machine to revive a patient suffering from sudden cardiac arrest was also demonstrated. The session concluded with question-and-answer round. The session was very informative. It was a great learning experience for each one present in the session.



A SESSION ON DESIGN THINKING REPORTS

(GRADE VIII—IX)

A session on Design Thinking for Innovation for grade VIII - IX was conducted by resource person Ms. Arti Chopra (Principal, AIS - G - 46). It was a very enriching session which commenced with the discussion about the relevance of the concept of Design Thinking with emphasis on the use of technology and its integration in today's world.

Design Thinking is a way how designers' work processes can help us systematically extract, teach, learn and apply these human-centered techniques to solve problems in a creative and innovative way. It was a Pear deck session filled with very innovative, thought provoking ideas to help students learn the 21 century skills. Use of mind mapping, graphic organisers, videos, picture prompts to initiate discussion was the best take away from the session.

Students were involved in hands on activities by giving case study on Amitasha students using the five phases of Design Thinking :

Empathise – with others

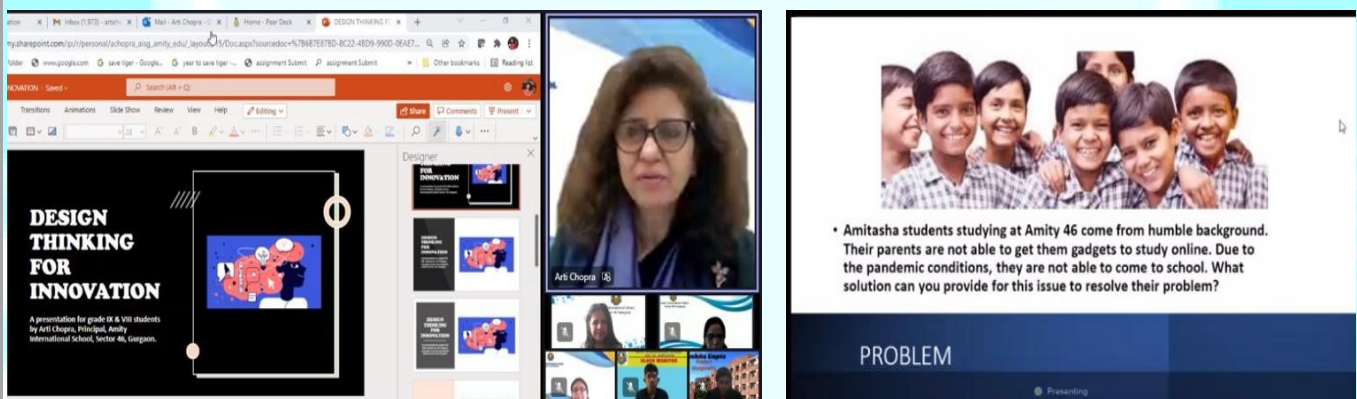
Define – others needs, their problem, and your insights

Ideate – by challenging assumptions and creating ideas for innovative solutions

Prototype – to start creating solutions

Test – solutions

Students came up with very innovative, practical and feasible ideas to solve the problem offered as case study. Use of Reflection Cards was done to get a reflection on the learning. The session culminated with vote of thanks extended by Headmistress ma'am Ms. Ranjana Sharma. It was thoroughly an enriching and learning experience where students used their insight through the activities.



The screenshot shows a Zoom meeting interface. On the left, a presentation slide titled "DESIGN THINKING FOR INNOVATION" is displayed. The slide content includes a problem statement: "Amitasha students studying at Amity 46 come from humble background. Their parents are not able to get them gadgets to study online. Due to the pandemic conditions, they are not able to come to school. What solution can you provide for this issue to resolve their problem?" and the word "PROBLEM" at the bottom. In the center, a video feed shows Ms. Arti Chopra, the resource person. On the right, a smaller video feed shows a group of students. The Zoom interface includes a toolbar at the top with various icons for navigation and interaction.

PLEASE VISIT THE FOLLOWING LINKS

School Website : amity.edu/ais/gurgaon46

Facebook Link : <https://www.facebook.com/amityinternationalschool46/>

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