

FEBRUARY- MARCH, 2025



AMITY INTERNATIONAL SCHOOL  
SECTOR- 46, GURUGRAM

# AMIKRITI



विद्या ददाति विनयं विनयाद् याति  
पात्रताम् ।  
पात्रत्वात् धनम् आप्नोति धनाद् धर्मं  
ततः सुखम् ॥



## OUR MISSION

AMITY 46 envisions to be a catalyst in augmenting holistic development, cultivating a dynamic and engaging learning environment that motivates children to aspire, act and achieve. We believe that every child is potentially the beacon of divine light and has the capacity to transform society and uplift mankind.

## OUR VISION

- To cherish and nurture our students with utmost care
- To foster a culture of empathy, kindness, and respect towards nurturing relationships that uplift and inspire
- To embrace innovation and adaptability
- To cultivate the strong sense of identity and purpose
- To build strong partnerships with families, communities and organizations
- To instill in the students the ability to cope with situations with grit and determination
- To encourage students to achieve and aspire for success
- To imbibe in the students an understanding of exemplary behaviour, the value of hard work, a positive attitude, a strong sense of ambition and faith in God as stated in the BHAAG formula propounded by our respected Founder President, Dr. Ashok K. Chauhan

Where Modernity Blends With Tradition

## CHAIRPERSON'S MESSAGE

Dear students,

As we conclude another academic year, I wish you to take a moment to introspect on your journey. Celebrate your successes and acknowledge challenging areas which proved daunting.

Mistakes and challenging situations can be demoralising, but they can also serve as beacons of growth. Like lighthouses, they illuminate the path forward, guiding us through treacherous waters and paving the way for new possibilities. Rather than allowing setbacks to shatter you, you should view them as valuable lessons. These experiences can mentor you in the best possible way, teaching you resilience, adaptability, and the importance of perseverance. The adventurous travellers after reaching the end of one journey and before embarking on another, they take a moment to reflect on their path.

By reframing challenges as opportunities for growth, we can unlock our full potential and emerge stronger, wiser, and more competent. Remember, it's not the challenges that define us, but how we respond to them.

So, the next time you encounter a challenging experience, take it as an opportunity for growth. Allow it to guide you, and illuminate the path forward.

Recognize that your achievements are a direct result of your hard work, dedication, and commitment. Now, take the next step for identifying potential solutions. Have faith in your abilities and your inner strength.

The second crucial factor in a child's educational journey is the synergy between schools and parents. This partnership plays a vital role in creating a conducive environment that adequately develops learning and exploration.

At Amity, we consistently endeavour to provide a supportive environment that promotes social, emotional, and academic growth, encourages open communication, active listening, and empathy, fosters a sense of belonging and nurtures passion for learning that extends beyond the school years. By implementing advance and innovative pedagogical strategies, we encourage students to think creatively and develop self-motivational skills.

Dear children, learn from the wisdom of your parents and expert guidance of your teachers. Thrive in an increasingly interconnected world, give your best and bring laurels to your esteemed institution.

With blessings  
Dr. (Mrs.) Amita Chauhan  
Chairperson



## Expressions- Debate Competition

Students of grade IV participated in Inter-school Debate Competition - "Expressions" held at Ridge Valley School, Gurugram and got 1st runner up position. Our team included Amaaya Mago- 4 D and Arjun Arora- 5A.



# PRINCIPAL'S MESSAGE



Dear Readers,

The education pattern at Amity, encourages its students to be engaged, challenged, and supported everyday they are with us, thus empowering them to take charge of their learning. With the blessings of Honorable Chairperson Dr Amita Chauhan, a learner's profile, comprising of eleven essential values, is what every Amitian should aspire to have, though the levels could be wavering from one person to another. It is important that all readers, students, parents and teachers understand the profile of an Amitian, which is as follows :

**1. Self-aware-** Self-awareness is the ability to focus on yourself. Students can become self-aware by identifying their emotions, seeing themselves honestly, recognizing their strengths and weaknesses, and working toward their growth.

**2. Caring and compassionate-** Caring for another person is an act of displaying kindness and being compassionate means feeling deeply for another person as they experience the ups and downs associated with life. Students can acquire these traits by having a caring culture around them, building positive relationships, learning to manage their feelings, self-care and reflection.

**3. Socially responsible-** It means acting in the best interest of the environment and society as a whole. Students can become socially aware by actively participating in community and awareness programs, through classroom discussions on social issues, volunteering for the community/social projects etc.

**4. Open minded-** Being open-minded means having the ability to consider other perspectives and trying to be empathetic to other people, even when you disagree with them. Students can become open minded by respecting cross-cultural diversity, challenging stereotypes, Interactive Learning and respecting constructive criticism & understanding perspectives.

**5. Principled-** Principled learners act with integrity and honesty, taking responsibility for their own actions and the consequences that accompany them. Students can become more Principled by talking and modeling Honesty, learning Vocabulary & lessons around Principles, and being part of a Growth Mindset Culture.

**6. Communicator-** A good communicator is someone who is able to talk about their ideas and emotions in a way that other people understand. The students can become effective communicator by initiating and engaging in conversation, active listening, more teamwork, sharing their opinions, receiving feedback, understanding the power of pausing and introspection.

**7. Collaborator-** Collaborative learning can occur peer-to-peer or in larger groups. A student can become good collaborator by understanding group agreements, learning the power of listening, the art of asking good questions, negotiations and doing creative projects together with peers.

**8. Innovator-** Innovation means keeping yourself educated about new trends and technology in education. A student can become Innovator by having inquisitiveness to ask questions, practice hands-on learning, knowing about Inspiring Innovators, having freedom of Choice and engage in collaborations.

**9. Problem solver and decision maker-** Problem-solving involves identifying an issue, finding causes, asking questions and brainstorming solutions. Students can become efficient problem solvers and decision makers by modelling the hidden thinking involved in solving a problem, discussing and planning for each problem, emphasizing the process not final answers, taking only minimal assistance and engaging more in group work.

**10. Critical and creative thinker-** Critical and creative thinking involves students thinking broadly and deeply using skills, behaviors and dispositions such as reason, logic, imagination and innovation in all learning areas at school and in their lives beyond school. Students can become better critical thinkers by being curious, investigating how things work, trying different ways to solve problems and indulging in activities that involve planning and decision-making.

**11. Reflective-** Being a reflective learner involves making your learning a more conscious process. Students can be more reflective by imbibing a culture of Questioning, Mutual Respect, thoughtful Silence, Student-to-Student Discussions and Connecting Content taught to their lives, to History and to the World Today.

The 'BHAAG' formula, given by Founder Sir, which is an acronym for Behaviour Science, hard work, attitude(positive), ambition, and God (blessings), sums up the saga of life toward success and has always guided Amitians for sound character building. Do aspire to adopt the Learner's profile with the right values and spirit.

Happy Reading!

Dr. (Mrs.) Arti Chopra  
Principal

## Amity French Olympiad 2024-25

The Amity French Olympiad was conducted in our school on 29 January 2025. Six schools with a total number of 102 students participated in the Olympiad. In this eighth consecutive year, students showcased their enthusiastic zeal. They were tested on their knowledge on reading, vocabulary, expressions and grammar as well as culture and civilization.

Four gold medals, two silver medals and five bronze medals were bagged by AISG46, three gold, four silver and one bronze were bagged by AIS Noida, one silver and one bronze medal was bagged by AISG43, one silver and one bronze by AIS PV.

The overall trophy for Class IX was bagged by AIS Noida and for Class X was bagged by AISG 46.



# Capacity Building Programme on 'Holistic Progress Card'

On 14th February, our school hosted a capacity-building workshop on Holistic Progress Cards (HPC), led by esteemed CBSE trainer Dr. Sudha Acharya who brought invaluable insights to the session.

The programme commenced with a traditional lamp-lighting ceremony, followed by a welcome address by Principal Dr. Arti Chopra. She emphasized the significance of capacity-building initiatives, highlighting their positive impact on teachers' professional growth and the learning-teaching process.

Dr. Sudha Acharya initiated the workshop by underscoring the importance of Holistic Progress Cards. The holistic progress card aims to mark a shift in assessment from one that is summative - primarily testing rote memorization skills, to one that is more regular and formative - more competency-based, promoting learning and development for our students, and evaluating higher-order skills, such as analysis, critical thinking, and conceptual clarity.

She also explored the connections between domains, curricular goals, competencies, and learning outcomes, and discussed assessment strategies such as observation, self-assessment, and reflective practices. It turned out to be a great learning experience.



## Picnic for Grade I

On 7th February, 2025 grade I students visited Sultanpur National Park. The objective was to enhance their understanding of birds and nature through first hand observation. Using binoculars, students keenly observed the behaviour of birds and discussed their features.

Post bird-watching, students participated in a storytelling session, quiz followed by lot many team games which were enjoyed a lot by the students.

The trip was a successful blend of learning and fun, enhancing curiosity about wildlife conservation.





## Kiddies Kitchenette: Whipping up magic in the kitchen!

On 28th February, the Kiddies Kitchenette activity was conducted in the school for classes 1 and 2, where students enthusiastically participated in preparing Rainbow Nutella Cookies. Under the guidance of their teachers, the children measured the ingredients, followed instructions, and expressed their creativity.

With this engaging experience, children created positive memories that was adequately engaging and motivating.

A big round of applause to all the little wonder chefs for their enthusiasm, creativity, and culinary talents.



## Spardha - Junior Annual Sports Meet



Junior Sports Day was held on 19th February, 2025 for Grade I- IV students who demonstrated exemplary enthusiasm to prove their sports prowess. It was a perfect blend of passion, and perseverance, reaffirming Amity's commitment to nurturing not just future athletes, but also responsible global citizens.

The esteemed guest of honour, Ms. Susheela, ACP Gurugram, graciously lit the torch to mark the opening of the ceremony along with the special guest Col. Ahluwalia.

The vibrant opening ceremony featured a colourful hat parade by the students, followed by school band performance.

The theme, "Sustaining Our Future," was woven throughout the event, highlighting eco-friendly initiatives, and promoting sustainability. The day began with a mesmerizing mass drill performance, followed by yoga and aerobics sessions that promoted physical well-being while minimizing environmental impact. Students also showcased their artistic acumen through a vibrant dance performance.

Medals and trophies were awarded to the winners, inspiring them to pursue their passion for sports with dedication and responsibility.





## Grade VII Students Visit Qutub Minar



On 19th February 2025, 320 Grade VII students visited the Qutub Minar, one of the most iconic historical monuments in India, located in Delhi. The educational trip was organized to foster deeper understanding of India's rich cultural and architectural heritage.

Our students gained invaluable knowledge about the architecture, history, and grandeur of the Qutub Minar. They learned the historical importance of this monument which is a UNESCO World Heritage site that serves as a reminder of the country's rich cultural and architectural legacy.

The trip to Qutub Minar was a highly enriching and memorable experience.

## Visit to Transport Museum

Students of class 8th visited Transport Museum, Gurgaon in two groups: first group of 145 students went on 14th February (VIII A to E & Sync) and second group of 138 students on 21st February (VIII F to J). It was an informative trip and a great opportunity to explore the innovation in transportation. The evolution of transport along with the discovery of wheels was explained to them. The museum has a collection of vintage cars, trains, trams, scooters, motorcycles, boats, palkis and much more. It was a place with immaculate and pristine examples of vintage transportation modes. Children were also shown a movie about space journey of famous astronomers to Mars and Moon.



## Odyssey of the Mind- Exploring Realms of Mindfulness and Creativity



ODM, a competition that not only brings out creativity, but also tests mettle of the students in terms of grit, problem solving, art and presentation skills, was held on 15 February 2025 at Amity International School Vasundhara Sector 1.

Our students participated in all 5 long term problems namely Vehicle, Structure, Classical, Theatrical with enthusiasm.

Our students got silver prize in Problem 1- Vehicle, gold prize in Problem 2- Technical, gold prize in Problem 3- Classical, gold prize in Problem 4- Structure, bronze prize in Problem 5- Theatrical and bagged gold prize for their critical thinking skills in Problem 2 as well.



## APTEDGE Orientation by AICE

Amity Institute for Competitive Examinations recently conducted an Orientation for one of its flagship programmes APTEDGE for classes IV – IX. The Orientation was taken by the Program Head, Mr Mithilesh Thakur and his team. The programme aims to help students crack various Olympiads and other competitive examinations with its unique feature of targeting Mental Ability, Verbal Ability, and General Awareness. It caters to all stream's humanities, commerce and science.



## CBP Workshop : Use of AI in Classrooms

On 4th of March, a CBSE workshop on 'Use of AI in Classroom' was organised in the school to enrich teachers with generative AI tools to be used in classrooms. The workshop was taken up by Ms. Kshma Swarnkar and Dr. Deepti Sharma who guided about the various interesting AI tools to be used to revolutionize the way students learn, and teachers teach and to help teachers meet the needs of each student more effectively.

The workshop focussed on how AI algorithms can help teachers provide students with personalized feedback and recommendations and allowing for a more engaging and effective learning experience. In order to make teaching learning process more engaging and effective.

Various AI tools like Magic School, Gemini, ChatGPT, I2Text, Google Translate, Google Earth, Sketch meta demo lab etc. were shared.



## Educational tour to India Gate and National War Memorial by Grade IV



On 10th February 2025, the students of Grade IV embarked on an enriching educational tour to India Gate and the National War Memorial. The trip aimed to provide students with historical insights and instil a sense of patriotism by learning about the sacrifices of Indian soldiers.



# Visit to Rashtrapati Bhavan

On 11th March 2025, 40 grade IV students visited the Rashtrapati Bhavan in New Delhi. It was a memorable experience for all, as it offered a unique opportunity to explore India's rich heritage, culture, and history.

The students first explored the beautiful Amrit Udyan (formerly known as the Mughal Garden), which is famous for its exquisite landscaping, vibrant flowers, and serene environment. They visited the Museum at the Rashtrapati Bhavan. The museum offered insightful exhibits on India's history, art, and culture. It was an enlightening experience that deepened their appreciation for the historical richness of our national monuments.



## उल्लास – 'Bagless Days' Presentation

Carrying heavy school bags daily can be both physically and mentally taxing for young children. Introducing bagless days, an activity which offered much-needed relief, reducing stress and enhancing their overall well-being. On 20th of March, 2025, 'ULLAS – Bagless Days Presentation', a vibrant event where students from Grades 1 to 4 had the opportunity to showcase their diverse talents and skills. To ensure parents could witness their children's performances, the event was streamed live online.

The programme commenced with the lighting of the lamp ceremony. Principal Dr. Arti Chopra addressed the gathering, emphasizing the significance of bagless days in fostering holistic development, self-expression, creativity, and emotional intelligence in students.

From the soulful melodies of 'Sur Taal' and Ganesh Vandana to the rhythmic charm of 'Rhapsody', a Western musical rendition, each act captivated the audience. Theatrical expressions came alive through 'Expressions', a musical theatre presentation, while 'Blissful Harmony' highlighted the essence of yoga, promoting inner peace and mindfulness. The spirit of patriotism spread through 'Syncretic', a fusion dance, while strength and agility were on full display in 'Motivation Martial Masters', a Taekwondo demonstration. The high-energy 'Vibing on Beats' aerobics performance and the dynamic 'Razzmatazz', blending Western dance with Dandiya, added to the lively atmosphere, making the event a true celebration of talent and passion.



## Movie Excursion



On 10th March 2025, grade III children went on a fun trip to watch "Ramayana: The Legend of Prince Ram". They enjoyed the movie's colourful animation, exciting action scenes, and engaging story. The movie was a true depiction of the vibrant portrayal of the Indian culture and mythology.

They learned about the values of kindness, bravery, and staying true to one's duty. It was both an enjoyable and meaningful experience for them. The children carried with them not just fond memories but also a deep appreciation for the timeless teachings of the Ramayana.



## New Session Commences for Classes X and XII

With the blessings of our honourable Chairperson, Dr (Mrs) Amita Chauhan, the new session started for class X and XII with a special Havan ceremony performed on 20<sup>th</sup> and 21<sup>st</sup> March 2025, setting a positive tone for the year ahead. The event was a harmonious blend of spirituality and togetherness, with the active participation of students, teachers, and staff.

All the students accompanied by their teachers, gathered to offer prayers and invoke Lord's blessings for their well-being and successful accomplishments in the upcoming year.

The chanting of mantras filled the air with spiritual vibes. Principal Dr Arti Chopra wished all the students good health and a great success for the upcoming session.



## Bagless Days Unlocks Creativity in Abundance

5-day 'Bagless Days' programme for the students of classes VI to VIII from 17th March to 21st March 2025 was a resounding success, offering students a unique opportunity to learn and grow beyond the traditional classroom environment. 121 students took part in activities ranging from craft-making to life skills workshops. The activities were inspired by NEP 2020, which prompts students to gain exposure through internships with local vocational experts to enhance their talents and skills. The activities offered were fabric painting, pottery, jewellery making, canvas painting, bakery, needle work, candle making, web designing, video editing and tie & dye as well.

Life skills sessions conducted by the school counsellors were designed to enhance the emotional intelligence and interpersonal skills of the students. In recognition of their participation, each student was awarded a Certificate of Participation, celebrating their commitment to learning new skills.



## First Session of Sub Junior AMIGMUN 2025-26



The MUN Society of the school successfully organized the first session of Sub Junior AMIGMUN 2025-26 on 21<sup>st</sup> March 2025, exclusively for grade V students. This special class presentation-MUN aimed to provide young students with an early exposure to the world of Model United Nations, helping them develop essential skills such as public speaking, research, diplomacy, and leadership.

The event commenced with a lamp lighting ceremony, followed by an inspiring address by the Principal, Dr. Arti Chopra. The MUN proceedings were conducted in a structured manner, with four committees – UNGA, UNESCO, WHO, and Lok Sabha – deliberating on their respective agendas. Under the mentorship of the Executive Board, the young delegates engaged in meaningful discussions, showcasing their ability to think critically, articulate their perspectives, and uphold ethical and rational parliamentary proceedings.

Highlight of this event was the presence of parents, who witnessed their children confidently presenting their research and arguments.

As the session concluded, Principal Dr. Arti Chopra, awarded certificates to the Best Delegates from each committee. She commended all the participants for their hard work, enthusiasm, and remarkable presentation skills. The first session of Sub Junior AMIGMUN 2025-26 proved to be a very insightful learning experience.





### Abhay Bailey Acknowledged for his innovation and entrepreneurship

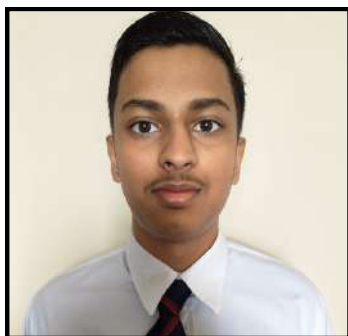
Project 'AI -Rakshak' by Abhay Bailey, a class X student has been selected in "Urban Private Category" for PRAYAAS a scheme planned by Department of Science and Mathematics ( DESM, NCERT for School students) Abhay will be receiving a total grant of Rs 50,000/- as an incentive to pursue his outstanding innovation and entrepreneurship.

He has developed the project that aims to harness the power of AI to create a more robust, reliable, and automated system for detecting and responding to potential threats such as illegal crossings, weapon smuggling, and other security breaches. Amity fraternity congratulates him on this coveted acclaim.

### Mandakini House Bags The Champions' Trophy

The academic session 2024-25, was filled with vibrant, engaging, and competitive inter-house activities. The events fostered teamwork, leadership, and overall personality development among students. The four houses: Alakhnanda, Bhagirathi, Mandakini, and Pawani actively participated in various competitions and activities organized throughout the year.

Mandakini House, lifted the champion's trophy for its exceptional performances in various competitions - a testament to their hard work, dedication, and teamwork. The other houses, Alakhnanda, Bhagirathi, and Pawani, also performed admirably, showing remarkable enthusiasm throughout the year.



### Selection for prestigious OCSC Camp

Arnav Jain from XI Synchro has been selected for OCSC (chemistry) camp to be held in Mumbai by HBCSE.

Congratulations on this stupendous achievement.

#### Shanu Maheshwari



- Anesthesiologist at GB Pant hospital, New Delhi

#### Suman Singh Chauhan



- Civil judge /Judicial magistrate first class

#### Pulkit Singal



- M.Tech. (AI & DS) Student, IIT Delhi

#### Aradhana Sriram



- Designer
- Working at the Fashion House – Balenciaga



# POETIC EXPRESSIONS

## The monsoon remedy

The earth feels alive, wetting of sand,  
The magical spell, it created on the land  
Little boats unanchoring here & there,  
Seeds sprouting everywhere.

The rain is the best, when it comes just fine,  
Colours in the air reflecting their shine,  
The earth has finally quenched her thirst  
As soon as a drop comes first

The drops in a hurry, they rush down  
when they don't, leaves cry and frown  
When they meet, it creates a melody  
and gives our heart, a hearty remedy

Mahima, XI - C

## The Little penguin

In a place so cold.  
A penguin has a child to hold  
She names her scooty  
Just to find out that she's naughty

As she learns to flap  
she likes to tap around  
the entire ground  
just to make sound

As she learns to tap  
She makes an entire rap  
She becomes famous  
And visits places.

Agrata Dhiman, VIII- G

## The Frozen Air

The world sleeps, quiet and white.  
Frosty glories painted by January.  
The trees look bare, in crystal lace,  
Frozen and hollow, each branch a place.

How the winding snowy path goes,  
Only silent footsteps can know.  
The sneaking crunch of snowy ground,  
As the spell is cast by winter around.

The sun looks out of the grey sky,  
Softly under its dimmed light, it does lie.  
Kissing the frost-covered fields and fence,  
And emitting a pure innocent glow, it does commence.

Crisp is the frozen air around,  
A wondrous sight that winter has found.  
The earth lies still beneath this vast landscape,  
In stillness deep, watched by January's cape.

Vartika Srivastava, VIII - H

## Heartbeat of my Nation

Our country India, with true colours, so wide,  
A million dreams it holds by our side.  
From the peaks of the Himalayas to multiple oceans that  
go each way,  
In every corner, rituals and traditions sway.

Cotton and silk saris, artisans so proud,  
Peaceful melodies, echo aloud.  
Here languages mingle, like lakes that meet,  
Smallest of essence reminds of our India's heartbeat.

The republic shields these sacred rules it has worn,  
Uniting people, forever reborn.  
A land of farmers, a true work of grace,  
India shines flaunting it's beautiful embrace.

Shreshtha Karan, VIII- G



# POETIC EXPRESSIONS

## My Sweet Mother Nature

Nature's a wonder, so bright and so green,  
Birds chirruping and singing, a joyful scene.

Flowers bloom pretty, the sun shines so warm,  
Rivers flow gently, safe from all storm.

It makes us all curious, who made it all true?  
A fairy whispered in my ear, GOD made it, now  
You-Know-Who.

Life is a gift, enjoy it each day,  
Smile with your teeth and laugh as you play.

Little things might trouble, but don't let them  
stay,  
Be kind and do good, that's the best way.

Small things come, they go away,  
Be kind and good, every day.

Happy and long life, that's what we all seek,  
With kindness and blessings, a life that is  
unique.

Happy heart and peaceful soul,  
Life's a story, make it whole.

No corners or borders, our world is so grand,  
Explore and enjoy it, with heart and with hand.

**Aanvi Singh, III- H**

## Regenzeit

Es regnet, es ist toll.

Es ist nett und friedlich,

Der Regen tanzt, so wunderbar.

Die Blumen blühen

Ein Spaziergang im Regen, wunderbar.

Die Welt wird schön,

Jetzt ist es ein Regenbogen geworden!

**Harshil Sikka, VIII - G**

## MIRRORS

I don't like mirrors,  
they show me what I ignore.  
Faults etched like cracks in glass,  
pieces of me scattered on the floor.

I want to make them invisible.  
so that no one could see,  
but there it was, the mirror  
standing right in front of me.

It knows me in ways I don't know  
And shows me what I hate to show.  
Tears rushed down silent and slow,  
It saw me fall to the ground,  
At a pace painfully slow.

"You don't know me as the mirror does"  
The mirror is the only one  
Who throws at me the cruel truth,  
That I hide from the youth.

An uninvited friend,  
It watches me break.  
Laughs at my missteps,  
My every mistake.  
A small hit could crumble me,  
Like the mirror standing right in front of me

**Vartika Srivastava , VIII- H**

## Herbstzauber

Bald zieht der Herbst ins Land hinein,  
mit kühler Luft und Sonnenschein.  
Blätter tanzen, sanft und sacht,  
fallen leise, Tag und Nacht.  
Der Wind streicht flüsternd durch die Bucht,  
trägt goldenen Glanz in klarer Luft.  
Drinnen wärmt ein sanftes Licht,  
draußen kühlt das Angesicht.  
Rote, braune Blätter schweben,  
färben Bäume, hauchen Leben.  
Die Fische springen in der Schlucht  
ach, Herbst, du tust so gut!

**Paavani Dhingra, IX- I**

# POETIC EXPRESSIONS

## Dog named Hog

There was once a dog named Hog  
It was running on a road with dense fog  
His master was worried and finding it  
around  
master got too scared, so called it with  
sound  
and the dog came back to him with a  
big jog.

Adya Gaur, II -F

## आशा आजादी की।

उस मिट्टी को सलाम है, मेरा,  
जिस मिट्टी में लाखों वीर समाए हैं,  
कुछ अशकों के, कुछ बरसों से किस्से भी दफनाए हैं,  
कुछ किस्से हुए अमर इस मिट्टी के,  
कुछ धूमिल हुए इस मिट्टी में,  
ये देश सिर्फ एक देश नहीं,  
ये मिट्टी है, बलिदानों की, इस मिट्टी पे,  
मर - मिटने वाले वीर जवानों की,  
कुछ ने दोस्त खोए, कुछ ने भाई खोए,  
कुछ ने इस जंग में अपने हमराही खोए,  
वो देश आज आबाद है,  
जिसने खो दी थी, आशा आज़ादी की।

Sania, VIII - Amitasha

## Swings and the hope of reunion

Of all the times you've swung on a swing set,  
when would you say was your last one?  
Long ago was the fun,  
The nostalgia of a playground,  
hits me like the sun's ray  
long past, deep buried within and will stay.  
As dusk began to set, after school,  
leaving the books behind we strolled out to  
play  
Leaving the cold, frosty school behind,  
we chased the halting light.  
Far away those days might be,  
I caress the innocent delight.  
Oh, when would I relive those days of  
childish might...

Vartika Srivastava, VIII- H

## La Beauté de la Nature

Le soleil se lève en douceur,  
Baignant la mer de mille couleurs.  
Les oiseaux chantent un air joyeux,  
Saluant l'aube de leurs chants harmonieux.

Les fleurs dansent sous le vent léger,  
Le ruisseau fredonne un doux secret.

La nature est un poème éternel,  
Un paradis pur et naturel.

Samar Sacha, VIII- E



# CREATIVE EXPRESSIONS

## The Rise of Short-Duration Content: A Double-Edged Sword for Our Minds

In our fast-moving world, short-form content in the forms of Instagram reels and YouTube Shorts has very quickly taken over the global scene. These bits of entertainment, at best only seconds long, pledge instant gratification in the form of quick dopamine hits that keep us reaching out for more. But where they may seem to be a breath of fresh air, these fleeting videos have strings attached, bearing blessings and curses for the human mind.

Fast-paced videos like these often leave us in a state of random thinking, whereby we end up chasing our tail. It's hard to pay attention to anything longer than a minute. The infinite scroll has this effect: it engages our minds in the need for fast content and makes it difficult to focus on deeper tasks. Such mindless consumption fractionalizes our minds and inflames the embers of anxiety and social comparison, which can push us into an identity crisis where we no longer recognize our preferences and values.

Even weirder, some of us develop Phantom Notification Syndrome, a psychological quirk that makes our brains believe our phones are buzzing when they're not. Others develop YouTube Shorts tics, involuntary twitches that ape the rapid movements of the videos. Algorithmic echo chambers trap us in a self-made bubble of our existing beliefs, narrowing our worldviews.

While these platforms give us instantaneous entertainment, they also blur our sense of reality and leave us at the whims of the screen.

The more we indulge in this digital feast, the more careful we should be. It is not about how much short content we have but how well we can maintain balance, harnessing the instant joys that come our way while taking care not to lose sight of the bigger picture. After all, as much as a quick snack might be fine, it is the wholesome meal that will truly nourish the mind.

**Shreshtha Karan, VIII- G**

## A Thrilling Trip to Jim Corbett National Park

I visited Jim Corbett National Park, and it was an unforgettable experience. The fresh air, tall trees, and sounds of birds made me feel close to nature. During the jungle safari, I saw deer, elephants, and many colorful birds. The most exciting moment was spotting a tiger from a distance—it was both scary and amazing. I also learned about the importance of protecting wildlife. This trip made me appreciate nature even more. I will always remember the beauty of the forest and the thrill of the adventure.

**Agrim Tyagi Sharma, V- A**

## BOOK REVIEW The Inheritance Games

From being chosen as the heiress to a billionaire's residence, to solving the family mysteries and riddles that are beyond it, Avery Kylie Grambs has experienced it all. Unaware of what lies ahead, our courageous Avery steps into a world of games with the Hawthorne brothers behind her back. With no clear reason why, she is thrown into a world of luxury and danger, where solving riddles might be the key to unlocking the truth. As she navigates through tough challenges, Avery must decide who she can trust and uncover the real reason, one worth fighting for. This wonderful series by Jennifer Lynn Barnes is a combination of secrecy, bond, and sacrifice, but do the heiress and the brothers have what it takes to uncover what has been hidden?

**Aaditri Animesh, VIII- G**



# CREATIVE EXPRESSIONS

## Butterfly's first visit to a Garden !!

Once upon a time, there was a butterfly. Her name was Cathy, she used to live with her parents, who were very loving, caring and protective of her as she was their baby girl. Cathy was a curious little butterfly, and she wanted to explore everything. She had never ever been to a garden before. Finally, one day when she was big enough, her parents decided to take her to the garden. Cathy was excited when she heard this news, and she started flying around the house to express her joy.

Her parents gave a few instructions to Cathy the night before they had to go to the garden, they said "Cathy, make sure you are not flying away from us and are always in our sight. We do not want to lose you and as you are still a small girl you do not know the way back to our home. Cathy promised her parents that she would do what they told her and would follow all the instructions. Listening to this her parents smiled and kissed her good night.

Next day they all went to the garden, Cathy's mom was flying on her right side, and her dad was flying on her left side. Cathy wanted to take some nectar from the flower, but first she asked for her mother's permission. Her mother said, "sure, but don't get out of our sight." Cathy quickly settled down on a flower and started taking nectar, she really liked the taste of it and continued to sip on.

She jumped from one flower to another and in her excitement, she got lost in the bushes. She got scared when she could not find her parents and she sat on one of the flowers and she started weeping. Suddenly she heard a familiar voice, it was her father's voice, she started following that voice and she was finally with her parents.

Cathy had learned a valuable lesson, and she decided that she would always listen to her parents and be attentive and not get distracted.

The entire family flew back home, grateful and happy !!

Seeara, II- D

## Riddles

1. I have a head, but never weep,  
A bed but never sleep.

What am I?

Answer: River

2. I have a face, but no eyes,  
A tongue, but no voice.

What am I?

Answer: Clock

3. I am always coming but never arrive.

What am I?

Answer: Tomorrow

4. I have a thumb but no fingers.

What am I?

Answer: Glove

5. What can you break, even if you never pick it up or touch it?

Answer: A Promise.

Agrata Dhiman , VIII- G

## The Immortality Sword

Once in a small village in UK a girl named Amy lived with her Grandma. On her 11th birthday, her Grandma told her that she had found her long, lost twin and had asked her to come live with them and that her sister had happily agreed. On the day her sister came. Amy learned that her sister's name was Mary. Her grandma suggested that they should explore the village. Both of them happily agreed and went on their way, there they saw the sword of immortality. Amy explained that whoever could lift this sword would become immortal and the guardian of UK as well, so she asked her to try if she could lift it and to her surprise, she lifted it as if it was as light as a feather. Amy by that time had got to know that Mary had become immortal and the guardian. She told this to her grandma, who then told this to all the other villagers and when they got to know this. They did their ritual, which made her the official guardian. After that Amy knew that she would have to said goodbye Mary. Because she knew, that as the duty of the Guardian she had to protect the entire UK and would stay away for a long time. Mary still protects UK till the day.

Agrata Dhiman, VII- H

## Devinettes et blagues en français

Qu'est-ce qui est jaune et qui attend ?  
Jonathan (jeu de mots avec "jaune attend")

Qu'est-ce qui est plus grand que la tour Eiffel mais plus léger ?  
Son ombre

Rivika Srivastava, VII- E



# CREATIVE EXPRESSIONS

## French Divinettes

• Je suis une chose, mais on me coupe en morceaux, je suis souvent sucré ou salé, mais je ne peux pas être mangé sans être cuit. Je suis souvent servi lors des grandes fêtes. Qui suis-je ?

Answer: Le gâteau

• Je suis une machine que l'on utilise tous les jours, mais je ne suis pas un téléphone. On me trouve souvent dans les cuisines, et je peux cuire ou réchauffer des aliments. Qui suis-je ?

Answer: Un micro-ondes (a microwave)

• Je suis un élément de la nature, je suis présent dans les forêts et je peux être très grand. Je produis de l'oxygène et je vis très longtemps. Qui suis-je ?

Answer: Un arbre (a tree)

• Je suis quelque chose que vous pouvez trouver dans chaque maison, mais je ne suis ni vivant ni inanimé. J'ai de nombreuses parties et je suis très utile, mais si vous me mettez dans de l'eau, je suis détruit. Qui suis-je ?

Answer: Un ordinateur (a computer)

• Je suis une entité invisible que l'on ressent sur la peau. Je peux être doux, mais aussi très fort. Je viens du ciel et je ne suis pas un nuage. Qui suis-je ?

Answer: Le vent (the wind)

• Je suis une partie de ton corps que tu utilises souvent pour communiquer, mais je ne parle pas. Je suis important pour exprimer des émotions et je bouge beaucoup. Qui suis-je ?

Answer: Les mains (hands)

• Je peux être un manteau, mais je ne couvre pas votre corps. Je peux être une couverture, mais je ne vous garde pas au chaud. Vous me voyez dans le ciel, mais je ne suis pas un nuage. Qui suis-je ?

Answer: L'ombre (the shadow)

Abhijot Singh, VII- E

## French Riddles

1. Je commence la nuit, je finis le matin et j'apparaît deux fois dans l'année. Qui suis-je ?

Réponse : la lettre N.

English translation: The night starts with me, the morning ends with me, and I appear twice in the year. Who am I?

Answer: The letter N.

2. Je commence par E, je finis par E et je ne contient qu'une seule lettre. Qui suis-je ?

Réponse: une enveloppe.

English translation: I start with E, I end with E, and I only contain one letter. Who am I?

Answer: An envelope

3. Je suis une petite pierre blanche qui tombe dans une mer noire et qui disparaît dans un tourbillon argenté. Qui suis-je ?

Réponse : un morceau de sucre dans un café

English translation: I'm a tiny rock that falls into a black sea and disappears in a silvery whirlpool. Who am I?

Answer: A sugar cube in a coffee

Aarav Sharma, VII- A

## Réaliser son potentiel à travers les rêves

"Dans la ville charmante d'Annecy, nichée dans les Alpes françaises, il y avait une pâtisserie légendaire appelée "Maison de Rêves". La boutique était célèbre pour ses pâtisseries et gâteaux exquis, mais ce que les gens ne savaient pas, c'est que la pâtisserie était une façade pour une société secrète de tisserands de rêves. Le chef de la société, une femme mystérieuse nommée Colette, avait la capacité d'infuser ses pâtisseries avec l'essence des rêves des gens. Ceux qui mangeaient ses pâtisseries éprouvaient des visions vives et surréalistes qui révélaient des vérités cachées sur eux-mêmes.

Un jour, un jeune artiste nommé Léon découvrit la Maison de Rêves alors qu'il cherchait l'inspiration dans les rues sinueuses d'Annecy. Enchanté par les arômes envoûtants de la pâtisserie et le sourire chaleureux de Colette, Léon revint chaque jour pour goûter ses créations magiques. À mesure qu'il s'enfonçait plus profondément dans le monde des rêves, Léon découvrit que les pâtisseries de Colette détenaient la clé pour débloquent son propre potentiel créatif. Ensemble, ils entreprirent un voyage fantastique à travers les royaumes de l'inconscient, où les

frontières entre la réalité et la fantaisie se brouillaient, et la beauté de la campagne française devenait la toile pour leurs créations les plus vibrantes et surréalistes.

Saanvi Dua, VII- C



# ARTISTIC EXPRESSION - I



Amey Kakkar (1- H)



Vibhi Malhotra (1- D)



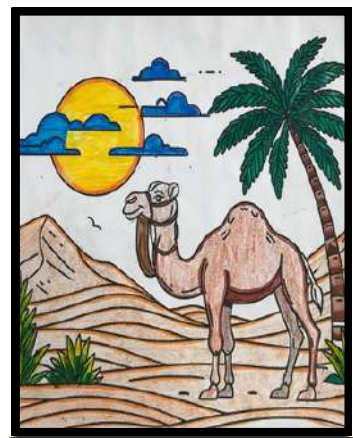
Veer Nayar (2- D)



Nivaan Mohanty (2- I)



Om Gupta (2- A)



Sangam (6- Amitasha)



Saanvi Gobind (12- D)

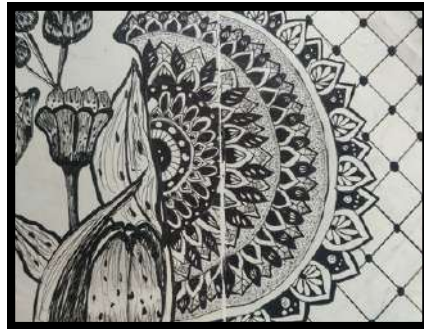


Avishi Jain (2- I)

# ARTISTIC EXPRESSION - II



Mahima Sisodiya  
(8- Amitasha)



Avleen Kaur (9- F)



Asaya Joshi (2- H)



Medhansh Dana (2- F)



Ayansh Narula (2- F)



Kainaath Chowdhary (2- E)



Sanchee Kachroo (1- F)



Yashi (5- H)



Bhavtik Bansal (2- I)



# Media Coverage & Social Media Links

## अमोघ बंसल 99.99 पर्सेंटाइल के साथ प्रदेश में टॉपर

जेईई में

गुरुग्राम, प्रमुख संवाददाता। जेईई (एडवांस्ड एंट्रेंस परीक्षा) में से कीर्तिमान का पुरस्कार प्राप्त करने वाले विद्यार्थियों ने बेहतरीन प्रदर्शन किया है। गुरुग्राम के सेक्टर-46 स्थित एमिटी इंटरनेशनल स्कूल के टॉपर बने। इनके अलावा सुपर-100 के छह जेईई और नेट की तैयारी कर रहे छात्रों में से टॉपर बनने वाले 25 विद्यार्थियों ने जेईई की परीक्षा में बेहतरीन प्रदर्शन किया।

99.99 पर्सेंटाइल लेबर हरियाणा के टॉपर बने। इनके अलावा सुपर-100 के छह जेईई और नेट की तैयारी कर रहे छात्रों में से टॉपर बनने वाले 25 विद्यार्थियों ने जेईई की परीक्षा में बेहतरीन प्रदर्शन किया।

99.99, प्रमुख बंसल ने 99.99, अर्जुन ने 99.72, विष्णु ने 98.89, कल्पवृक्ष ने 98.06, अमरवर्षा ने 97.99, अर्जुन ने 97.76, विष्णु ने 97.55, सुखी ने 97.4 और नवसं ने 96.26 पर्सेंटाइल हासिल किए।  
आईआईटी में कंप्यूटर साइंस की पढ़ाई करने का सपना: अमोघ बंसल ने बताया कि आईआईटी में कंप्यूटर साइंस की पढ़ाई करने का सपना है। उसी सपने को साकार करने के लिए रोजाना 11 घंटे तक पढ़ाई की। पढ़ाई के दौरान एकाग्रता बनाए रखने के लिए मोबाइल फोन, सोशल मीडिया से दूरी बनाकर रखी। अमोघ ने बताया कि सेल्फ स्टडी के साथ-साथ कोचिंग लेकर पढ़ाई की। जेईई में से अमोघ ने 99.99 पर्सेंटाइल हासिल कर हरियाणा के टॉपर बने।



गुरुग्राम के अमोघ बंसल जेईई में 99.99 पर्सेंटाइल लेबर हरियाणा के टॉपर बने। वह कृष्ण को अपने परिवार के साथ खुश नजर आए। • हिन्दुस्तान

25 अन्य छात्र और छात्राओं ने जेईई के परीक्षा में बेहतरीन प्रदर्शन किया

दसवीं में किया था टॉप  
अमोघ के पिता जयंत बंसल ने बताया कि वह एक निजी बैंक में वरिष्ठ उपाध्यक्ष के पद पर काम करते हैं। उनकी पत्नी चंदनी बंसल एक निजी कॉलेज में प्रोफेसर हैं। उन्होंने बताया कि अमोघ पढ़ाई में काफी अच्छे हैं और वह पढ़ाई करने के लिए रोजाना दस-दो घंटे तैयार कर उनके अनुसार तैयारी करता है। रोजाना 11 घंटे तक अध्ययन करता है।

प्रदेश के विभिन्न जिलों के सुपर-100 के बेहतरीन अंक आए हैं। इससे सरकारी स्कूल विद्यार्थियों का मनोबल बढ़ेगा। -केएन इंद्र

11 सेक्टर-46

## स्पोर्ट्स डे पर छात्र-छात्राओं ने दिखाई प्रतिभा

गुरुग्राम। सेक्टर-46 स्थित एक निजी स्कूल में बुधवार को जूनियर स्पोर्ट्स-डे का आयोजन किया गया। छात्र-छात्राओं ने प्रतिभाग करके अपनी प्रतिभा का प्रदर्शन किया। भव्य उद्घाटन समारोह में छात्रों द्वारा एक हैट परेड प्रस्तुत की गई, जिसमें प्रत्येक टोपी ने एक अनोखा और पर्यावरण अनुकूल संदेश दिया। इसके बाद स्कूल बैड द्वारा जोशीला वार्म-अप सत्र आयोजित किया गया। कार्यक्रम में बतौर मुख्य अतिथि एसीपी सुशीला और कर्नल बीएस अहलूवालिया उपस्थित रहे। विभिन्न रोमांचक दौड़ प्रतियोगिताओं, योग और एरोबिक्स सत्रों में छात्र-छात्राओं ने हिस्सा लिया। शानदार प्रदर्शन करने वाले विद्यार्थियों को पदक और ट्रॉफियां प्रदान की गईं। संवाद

## कार्यक्रम में विद्यार्थियों ने दिया पर्यावरण अनुकूलता का संदेश

आइ प्रशि

रोणी सिंह



सेक्टर 46 स्थित एमिटी इंटरनेशनल स्कूल में जूनियर स्पोर्ट्स-डे पर अपनी प्रतिभा का प्रदर्शन करते विद्यार्थी। • सी. स्कूल

जार्स, गुरुग्राम: सेक्टर 46 स्थित एमिटी इंटरनेशनल स्कूल में जूनियर स्पोर्ट्स डे का आयोजन किया। कार्यक्रम में मुख्य अतिथि एसीपी सुशीला और एमिटी स्पोर्ट्स प्रिंसिपल के. जयंत उपाध्यक्ष

बढ़ावा देना था। भव्य उद्घाटन समारोह में छात्रों द्वारा एक हैट परेड प्रस्तुत की। इसमें प्रत्येक टोपी ने पर्यावरण अनुकूल का संदेश दिया। इसके बाद स्कूल बैड द्वारा एक जोशीला वार्म-अप सत्र आयोजित

## तीन दिवसीय सीबीएसई राष्ट्रीय विज्ञान प्रदर्शनी का हुआ समापन

गुरुग्राम। सेक्टर-46 स्थित निजी स्कूल में विज्ञान एवं प्रौद्योगिकी विषय पर आयोजित तीन दिवसीय सीबीएसई राष्ट्रीय विज्ञान प्रदर्शनी 2024-25 का रविवार को समापन हुआ। समापन समारोह में केन्द्रीय माध्यमिक शिक्षा बोर्ड (सीबीएसई) के सचिव हिमांशु गुप्ता, आयोजक स्कूल समूह की चेयरपर्सन डॉ. अमिता चौहान, सीबीएसई की निदेशक (अकादमिक) डॉ. प्रज्ञा एम सिंह और स्कूल की प्रधानाचार्या डॉ. आरती चोपड़ा ने विजेताओं को पुरस्कृत किया। सीबीएसई के सचिव हिमांशु गुप्ता ने युवाओं को

सेक्टर-46 के एमिटी इंटरनेशनल स्कूल के छात्रों ने परीक्षा पे चर्चा सत्र में उत्साहपूर्वक भाग लिया। प्रधानाचार्या आरती चोपड़ा के मार्गदर्शन में छात्रों ने अपनी कक्षाओं में इस प्रेरणादायक सत्र को देखा। जिसका उद्देश्य परीक्षा से जुड़े तनाव को कम करना और छात्रों को शैक्षणिक उत्कृष्टता प्राप्त करने के लिए प्रेरित करना था। इस सत्र में समय प्रबंधन, तनाव प्रबंधन और पढ़ाई के संतुलित दृष्टिकोण पर अमूल्य मार्गदर्शन दिया गया। प्रधानमंत्री ने देशभर के छात्रों से संवाद करते हुए उन्हें सकारात्मक सोच अपनाने और चुनौतियों का आत्मविश्वास के साथ सामना करने की प्रेरणा दी। छात्रों के शैक्षणिक जीवन में शिक्षकों और अभिभावकों की सहायक भूमिका को रेखांकित किया और यह बताया कि वे कैसे सहानुभूति और प्रोत्साहन के साथ उनका मार्गदर्शन कर सकते हैं।

## तीन दिवसीय साइंस प्रदर्शनी में 429 विद्यालयों के विद्यार्थी

जगरण संवाददाता, गुरुग्राम: सेक्टर-46 स्थित एमिटी इंटरनेशनल स्कूल में स्थानीय भविष्य में विज्ञान एवं प्रौद्योगिकी विषय पर आयोजित तीन दिवसीय सीबीएसई नेशनल साइंस प्रदर्शनी का समापन हो। समापन समारोह में केन्द्रीय माध्यमिक शिक्षा बोर्ड के सचिव हिमांशु गुप्ता, एमिटी विद्यालय समूह की चेयरपर्सन डॉ. अमिता चौहान, सीबीएसई की निदेशक (अकादमिक) डॉ. प्रज्ञा एम सिंह और प्रधानाचार्या डॉ. आरती चोपड़ा ने विजेता छात्रों को पुरस्कृत किया।



विशेष उपहार दिए गए और आकर्षक रैप वॉक का आयोजन

## पाठ्यक्रम के लक्ष्यों पर चर्चा की

गुरुग्राम। सेक्टर-46 के एमिटी इंटरनेशनल स्कूल में पत्र पर एक क्षमता निर्माण कार्यशाला हुई। इसका नेतृत्व प्रशिक्षक डॉ. सुधा आचार्य ने किया। उन्होंने पाठ्यक्रम सीखने के परिणामों के आपसी संबंधों पर भी चर्चा की। मूल्यांकन प्रणाली पारंपरिक समष्टिगत पद्धति से हटकर और प्रारूपिक दृष्टिकोण अपनाती है।

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