



THE AISMV BULLETIN

THE ENLIGHTENED MINDS

AN AISMV INITIATIVE

BIOSCOPE

- Yoga—Panacea of all Maladies
- A Date with Parliamentarians
- Chernobyl— Review
- Movie Review
- Poetry corner
- Internet Of Things
- Vasudha /Mathamity
- Yuva Vichar Manch
- Crescendo
- Paint & Brush
- Moods and shades
- Junior Junction
- Activities Gallery
- Amity Achievers

Pause to Ponder

- ◆ Don't you think that global warming is affecting vulnerable regions of the world?
- ◆ Have you ever given a thought that you should daily do something to make someone happy?
- ◆ Have you ever wondered about your behaviour towards elders?
- ◆ Do you think before throwing any wrapper on the road that these may be eaten by animals?
- ◆ Don't you think that a good attitude is necessary for a successful life?

Ananya Gupta 11G

YOGA: PANACEA OF ALL MALADIES



Our lifestyle has undergone a serious change. Change is the law of nature but not all changes are good. The modern life with all its amenities has a flip side to it. People of all age groups experience a lot of stress, anxiety, restlessness and frustration. These lead to poor physical and mental health.

Yoga, is the answer to most of the problems that we encounter in our day to day life. It is a group of physical, mental and spiritual practices or disciplines that originated in ancient India. To cope with the pressure of modern lifestyle, we need to be in harmony with our environment. Yoga synchronizes and connects mind with body. When practiced on a regular basis, we are able to control our mental, emotional and spiritual thoughts.

Yoga should be made a part of our daily routine. It does wonders especially in students by reducing stress and anxiety. It increases focus and concentration in school going students thus yielding good academic result. Yoga also removes negative thoughts and equips the young learners with positive energy, enthusiasm and desire to reach a state of higher consciousness. Daily practice of yoga provides internal and external body strength. It also helps in strengthening the body immunity thus preventing various diseases. The good time for practicing yoga like pranayam and kapal bhati in the early morning is beneficial as it provides better environment to exercise control over body and mind.

The world is recognizing the benefits of yoga. To increase the awareness about the benefits of yoga, the UN General Assembly declared 21st June to be celebrated as International day of Yoga around the globe so that everybody may know about yoga and can be benefitted.

Yoga is a legacy that we have inherited from our ancestors and it is our moral responsibility to pass it to the posterity. Yoga is nothing short of a miracle with its innumerable benefits maintains - physical fitness, reduces stress, controls emotions, feelings, negative thoughts, improves clarity of mind and connects our body and soul to the nature. Let every day be International Yoga Day.

Sparsh Rastogi 11G

EDITORIAL TEAM

We seek the good wishes and support of our readers to continue this endeavour with ardent passion and zeal . Students can contribute their write-ups at :

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A DATE WITH PARLIAMENTARIANS

Crescendo 2019



Astronomy Club Workshop I-V



The Legal Studies students of class XI and XII witnessed a Lok Sabha session on Friday, 26 July 2019 at 3.30 pm which extended across the next forty five minutes. This visit proved out to be as exhilarating and thrilling as we had anticipated it to be.

The enthralling Sansad Bhavan building consisted of a central hall topped with domed structure and three semi circular chambers which house the Lok Sabha, Rajya Sabha and a library. Upon our admission into the building, we went through a strict security check. Once inside, not only did we attend the Lok Sabha session but also viewed the Lok Sabha museum and ate in the canteen meant for the parliamentarians.

Though you can see all the proceedings live on television and keep yourself apprised of what our elected representatives are doing, being there in the same space as they are is an experience in itself. There you are bound to observe many things which you wouldn't have noticed otherwise, such as the various visitor galleries meant for MP's and other distinguished officials, media and public.

Other striking feature is the use of headphones by the MP's where they can switch the language in which they want to hear the proceedings. The formal protocol followed by the members also seemed fascinating. They would address the chair of the house and speak to each other through him or her.

This rare opportunity of viewing the legislative machinery of our country arouses a sense of gratitude in me for our teachers who made this visit possible. The most memorable part of the visit was an interaction with the honourable member of parliament. Mr. Anurag Thakur.

Kopal Shrivastava 11G



CHERNOBYL -TV SERIES REVIEW

General Assembly VI-B



YLE Pen Friend Activity



Chernobyl, a 5-episode mini-series, brings the horrible nuclear disaster that took place in Ukraine in 1986 to light and shows the dire situation that the whole country faced. With every episode the show delves deeper into the investigation of the incident and how it impacted the people, the environment and even the following generations. The mini series throws light on the carelessness of the individuals at the time of the explosion and even the ignorance of the authorities which played an instrumental part in the explosion.

The story is somewhat dramatized but succeeds spectacularly in showing exactly the awful situation and decisions that the people in charge had to take. While not only detailing the events that took place in Chernobyl, the narration offers a strong emphasis on human will and its capacity of sacrifice and survival. The audience can expect brutal imagery but I recommend this show because even in this horrible landscape there is an underlying sense of hope which is truly inspiring and something, we all need during these times. It's a must watch. **Hannah Mubarak 11G**

MOVIE REVIEW: AVENGERS ENDGAME



Plot: Director Anthony Russo and Joe Russo directed the film *Avengers: Endgame* was widely anticipated, and Disney backed the film with extensive marketing campaigns. It received praise for direction, acting, musical score, visual effects and emotional weight, with critics lauding its culmination of the 22-film story.

Synopsis: Adrift in space with no food or water, Tony Stark sends a message to Pepper Potts as his oxygen supply starts to dwindle. Meanwhile, the remaining Avengers -- Thor, Black Widow, Captain America and Bruce Banner -- must figure out a way to bring back their vanquished allies for an epic showdown with Thanos -- the evil demigod who decimated the planet and the universe. The movie develops into an anti climax wherein Thanos almost ends the run of all the avengers. The struggle of Iron Man to end Thanos life, without knowing it will end his life as well because of the power of all the Infinity Stones put together.

The movie plot moves in a labyrinth with its unexpected lows and highs. The struggle of the avengers to move in this labyrinth is what holds the movie together. Their all time quest for the truth and knowledge adds to the sub plots which emerge within. This adds the layers to the movie plot which unfold in a surprise. As always good prevails upon everything, but a price has to be paid for the same. Overall, a full package entertainment. **Tavish Koul 8 B**

POETRY CORNER

ATL FEST



Eco-club Special Assembly



AN INDIAN WOMAN

An Indian lady,
So beautiful she is,
Proudly she walks,
Dressed in herself.
A bindi
Isn't merely a punctum;
It's an exemplar of her decency
And the purity of her thoughts.
A dupatta
Isn't just a lace on her chest;
It's her pride and self respect
That she carries everywhere.
A sari
Isn't just a six-yard fabric;
It's her identity and pride
And her trust in herself.
Her sindoor
Isn't simply red powder on her head;
It's her love for her husband
And her faith in her marriage.
Her mehendi
Isn't barely a brown design on her
palm;
It's the reflection of her promises
And her belief in her culture.
Her chudiyaaan
Aren't solely bands on her wrist;
They are a manifestation of
Her incandescent soul and cheerful
life.
The solah shringaar
That she wears
Isn't merely her jewellery or attire;



THE PRETTIEST PRINCESS

It was a beautiful night,
I was walking by the stream.
The beautiful white moon
Winked at me and beamed.
The stars in the dark sky
Twinkled at their best.
The night provided a pleasing vista,
Full of charm and zest.
But the prettiest sight
Still awaited me,
A maiden in a red gown
With satins of green.
I walked towards her,
As elegant she was.
Her red and green attire,
Devoid of any flaws.
I went closer to her
To get a perfect glance.
She gave me a little smile,
And stood in a gracious stance.
"Oh pretty lady!
You must be a princess,
Because in your red calico,
You look truly the best!"
Then she laughed a bit,
And shook her lovely head,
"I am not a princess,
But a rose!" she said.

~Lavanya Jain, 11G



POETRY CORNER

SCIENCE FEST



That Dreadful Day

Oh, dear Lord,
It's finally here.
The day some dreaded,
but not many longed for.

Oh, dear Lord,
I'm not ready for this!

It's the day;
no more running away!
All entertainment bid adieu.
No more wasting time having fun under
the scorching hot Sun.
No more lazing in the couch.
Oh, no TV, phones, eat, sleep, repeat.

Oh, dear Lord,
Was this a mere illusion?
How they took an eternity to arrive,
but went away in the blink of an eye.
What joke is this?
These were the weeks all had been
longing for.

No more Minecraft,
no more PUBG.
Say goodbye to fun,
TV is gone.
Books are back,
it's their rule.

Time has come.
Pack your bags,
put those sheets in the case,
sharpen your pencils,
set your bags.
The day you had been dreading for,
has come along!

Amishi Jain 9A

The Evening Sky

The evening sky has a ravishing splendour,
It might go unnoticed by many,
But to me, it's royalty speaks miles,
Mean truths and unspoken lies.

Doesn't it appeal to you how,
The horizon swallows up the sky,
As if the devil himself is here to devour on
its beauty,
And send out the dark night sky,
Like a warning to the world and society.

The hues of the sunset time,
The shades of blue, yellow, orange and pink,
Each with a story to tell,
A hope to invoke and an excitement to pro-
voke.

Every time the orange colour dips into the
horizon,
An old expectation dies,
A new hope is born.

The blue colour rests majestically above the
horizon,
Waiting to change into a royal black,
To welcome the deep dark night sky,
Gracefully awaiting the departure of the sun.

Isn't it beautiful to see the pink colour,
As the backdrop of the sunset,
Cheerful and merry as always,
As if trying to say,
That it's not an end dear humans,
Just the preparation for a new beginning.

The dishevelled colours of the evening sky,
And white clouds with stories deep,
The dews of the evening carefully shun,
The tears of the sky for the loss of the sun.

The sky is an endless movie to me,
For I can never get tired of looking at it.
Each day, with a tinge of a different shade,
And a new incident to narrate.

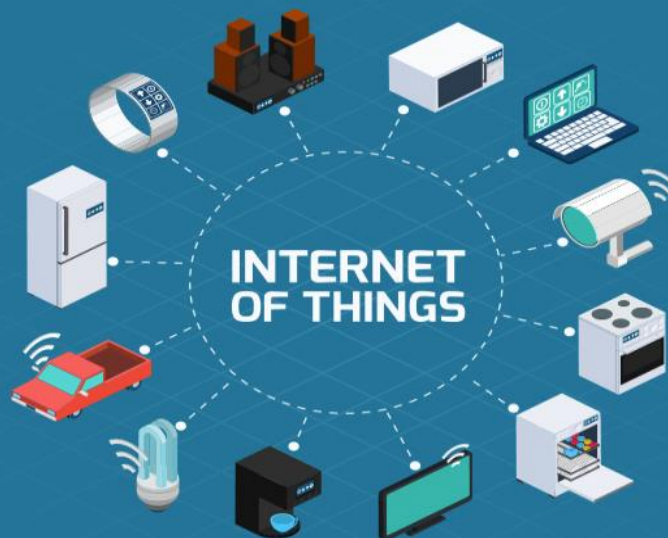
~Naina Srivastav 9A

INTERNET OF THINGS

General Assembly VII-A



Etiquette Workshop



Ubiquitous sensing enabled by Wireless Sensor Network (WSN) technologies cuts across many areas of modern day living. This offers the ability to measure, infer and understand environmental indicators, from delicate ecologies and natural resources to urban environments. The proliferation of these devices in a communicating-actuating network creates the Internet of Things (IoT), wherein sensors and actuators blend seamlessly with the environment around us, and the information is shared across platforms in order to develop a common operating picture (COP). Fueled by the recent adaptation of a variety of enabling wireless technologies such as RFID tags and embedded sensor and actuator nodes, the IoT has stepped out of its infancy and is the next revolutionary technology in transforming the Internet into a fully integrated Future Internet.

As we move from www (static pages web) to web2 (social networking web) to web3 (ubiquitous computing web), the need for data-on-demand using sophisticated intuitive queries increases significantly. This paper presents a Cloud centric vision for worldwide implementation of Internet of Things. The key enabling technologies and application domains that are likely to drive IoT research in the near future are discussed. A Cloud implementation using *Aneka*, which is based on interaction of private and public Clouds is presented. We conclude our IoT vision by expanding on the need for convergence of WSN, the Internet and distributed computing directed at technological research community.

Arindam Nath 10C

VASUDHA/MATHAMITY CONFLUENCE OF IDEAS

Welcome Assem- bly for Students by Teachers Classes I-V



Inter School Anuvrat Competition



Vasudha is a unique platform offered by Amity for its learners to inculcate and to bring out scientific and mathematical temperament in the young students. This event is open for all the learners across all the classes where age is no bar and the innovative ideas are not only welcomed but celebrated on a grand scale.



This year also the jury had a tough time in deciding the winning projects. The success of the event is the success of the exemplary team work exhibited by the students of various classes. The work was divided among the team members and systematically carried out to its conclusion by the budding scientists and Mathematicians.

The topics given to the students for the projects are relevant to the current problems faced by Mother Earth. The aim of the projects was to find a way that would conserve the limited resources.

YUVA VICHAR MANCH

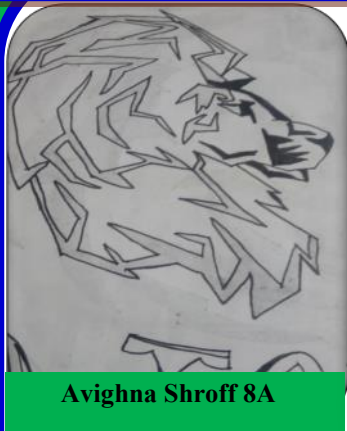
Yuva Vichar Manch is an unprecedented platform for sharing ideas and opinions. The war of words electrified the air with with anticipation. As the new member of the Amity family, I did not comprehend the magnanimity of this event. I had an amazing experience participating in Yuva Vichar Manch. The enthusiasm and energy of my fellow parliamentarians was unmatched. .It was indeed inspiring, to see young boys and girls being so aware of the happenings of our country. The experience infused me with a sense of responsibility towards our country. I look forward to participating in this unforgettable event,yet again.-**Amritha Nair 11G**

CRESCENDO

Amity International School, Mayur Vihar reverberated with the sounds of drums, guitars and the keyboard at Crescendo, the Inter-School Western Music competition which was organized on 25th and 26thJuly2019.The highly popular annual event now in its thirteenth year, offers a platform to school students across the city to showcase their musical talent in keeping with the vision of Honourable Founder President, Dr. Ashok K. Chauhan and respected Chairperson, Dr. Mrs. Amita Chauhan, to ensure holistic development of the children. Spread over two days, the musical extravaganza saw eighteen schools from across Delhi and NCR participate enthusiastically in four categories at the keenly contested competition.

PAINT & BRUSH

General Assembly XII-E



Avighna Shroff 8A



Avighna Shroff 8A

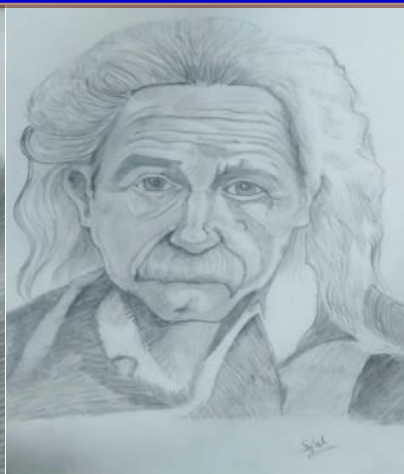


Aalya Chowdhary 8C

General Assembly III-C

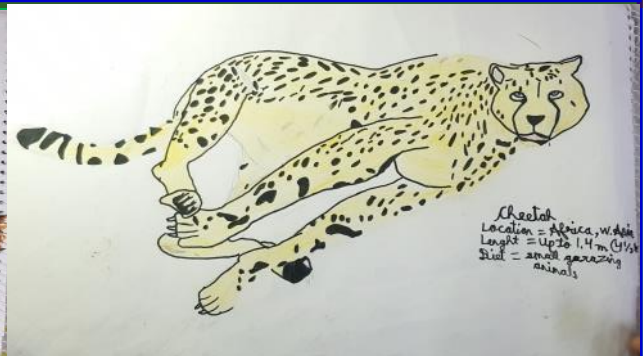


MOODS & SHADES



SAJAL MAHESHWARI XII D

JUNIOR JUNCTION



Arnav Saini class 4C



Ridam Bisht 2B



Vansh sharma 2B



Nushi Malhotra 2A

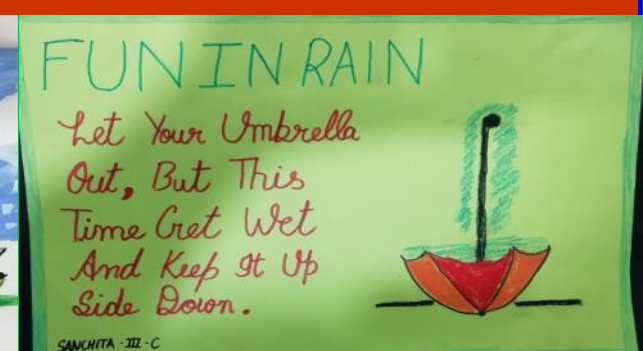


Saanvi Angurala 2 B



The water is gift of nature

Rishant Kashyap 3 C



SANCHITA - III - C

Sanchita Agarwal 3C

JUNIOR JUNCTION

RITA AND A DONKEY

Once upon a time there lived a girl named Rita. She was pretty but greedy. The girls in the village did not like her. There was a dog who was very hungry. Rita had a bun and she was going to her house. A Dog saw the bun in her hand and walked along with her. She hid the bun and threw the stone towards the dog and the dog ran away. While walking, Rita's bun slipped from her hand and a donkey near her immediately ate the bun. All the village girls laughed at her.

Morale of the story- You should always share food and things with your friends and animals.

Anya Rawat 2A

A FISHY PUZZLE

Deep in the sea, you can see me
See my lovely patterns, I am of different colours.
Water is my life, and my life is nice
People love me lot as they play with me
I am also their food, rich in omega 3 and vitamin D
You can catch me in a net but I am not a butterfly
I have scales with me but I don't weigh things
Who am I?
I am a fish!!

Pranshi Mahajan 2B



Shimit Sachdeva 2A

I AM LUCKY

If I were a butterfly
I would be thankful for my wings
If I were a Myna in a tree
I would be thankful that I could sing
If I were a fish in a sea
I would be thankful that I could wiggle and giggle
I just think I am lucky
If I were an elephant
I would be thankful that I could raise my trunk
If I were a kangaroo
I would try to hop right upto the moon
If I were an Octopus
I would be thankful for my 8 arms
But I just think I am lucky to be me
Not you
What do you think?
What do you like to be?
Just you
Just you
Just you

Saanvi Srivastava 2A



Rishal Prasanna 2A

JUNIOR JUNCTION

WELCOME BACK STUDENTS (Teachers assembly)



Students were given a warm welcome after the long summer break in an exciting and fun way. All primary teachers presented a fabulous assembly which included a wondrous skit, an amazing parody song and a heart –stopping dance number. The assembly was concluded by school song and prayer. The fervor and zeal in teachers motivated the students to emulate the same from them.

AMITY'S GOT TALENT

Talents are meant to be shared - (Carol.B. Thomas). School organised Amity's Got Talent to bring forward various flairs of the students. All the primary students participated with great zeal and presented different skills (singing, dancing, sketching, acting, skating and puppetry). In the final round the selected students mesmerized the audience with their spectacular performance. The winners were announced and were given certificates by the respected Principal Ma'am.



MANGO DAY



The Amitians of classes I to V celebrated 'Mango Day' on 24th July 2019 it was a wonderful day in which classes performed various activities related to the king of fruit (mango). Some made mango delights and shared nutritional value of mango where as some talked about the amazing facts akin to mango. Class three had an amazing fancy dress day and class two articulated about mango and its various products available in the market. Tiny tots of the school made collage and gained knowledge about the mango and its products.

VAN MAHOTSAV

'Trees are the kindest things we grow'. This has been rightly said as the needs of all living beings are fulfilled by them. But their depleting number has become a serious issue. So, to highlight the importance of planting trees Class 3 C presented an assembly on Van Mahotsava on 31st July. Children presented slogans and a Hindi poem to sensitize the children about the issue. The children also took a pledge to save trees. The assembly concluded with a motivational talk by coordinator , Ms. Jasleena Ma'am.



SCIENCE FEST



Amity International School Mayur Vihar celebrated Science fest on 31st July 2019. All the students participated with great zeal and enthusiasm. They demonstrated simple science experiments individually in their respective classes. It was a great learning experience which satiated the inquisitive minds.

"WATER IS THE DRIVING FORCE OF ALL NATURE" ASSEMBLY

"Water is the driving force of all nature". To emphasis this quote by Leonardo da Vinci, class 4 A presented an assembly, on 19th July 2019, to sensitize the students about the importance of water. A thought provoking play was presented to show the plight of the Earth and rivers due of pollution. Children presented a song and a dance too. It was a spectacular show which had a positive impact on the students.



ACTIVITIES GALLERY

Amity's Got Talent I-V



Amity's Got Talent VI-VIII



Workshop on Amiranet and Student Dossier
1st July 2019



Workshop on Behavior Modification (Classes 1-8)
2nd July 2019



Yoga Session for Teachers (Classes 1-8)
3rd July 2019



Session on Story Telling and Creative Writing for Teachers
4th July 2019



Assembly of XII E
4th July 2019



Session on Health and Hygiene for Teachers
5th July 2019



Career in Defence Services by Amity SSB Training Academy
8th July 2019



Welcome Assembly for Students by Teachers
Classes I-V
8th July 2019



Morning Assembly Class VIA
Topic: Motivation
8th July 2019



Astronomy Club Workshop
Classes I-V
12th July 2019



Amity's Got Talent
Classes I-V
12th July 2019



Company Secretary as Career by Institute of Company Secretaries of India (ICSI)
15th July 2019



IX-D Assembly on Guru Purnima
16th July 2019



Amity's Got Talent
Classes VI-VIII
19th July 2019



Assembly of Class IX C
Topic: Importance of Yoga in our daily life



Hindi Olympiad
Classes III- X



Special Assembly on Vanmahotsav
Class VII A



Class Assembly IV A
--A hub of Life
19th July 2019



YLE Pen Friend Activity
22nd July 2019



Eco-Club Special Assembly
22nd July 2019

AMITY ACHIEVERS

Hindi Olympiad III-X

Kuhu Saha 2nd prize, Atharav Gupta 2nd prize, Kuhu Saha 11G, Suniti Bhattacharjee 12B , Abhaas Gupta 12C, Harshit Garg 12C, Dhairya Goel 12C , Siddharth Sharma 12B , Rishagini Bhadra 10B , Utkarsh Sharma 12D , Puru Bhatia 9B, Varun Singh 12D , Anant Aggarwal 12C - 3rd prize in group singing competition at Anuvrat Singing Competition on 30th July 2019



Samaksh Bhagi 9B
2nd Prize in Sway Presentation at Cyber Buzz, AIS G43

Ananya Jain 9A
Arnav Gupta 8C
3rd Prize in Flash at Robotics, AIS G46

Ishaan Chauhan and Pratham Nautyal of class XII bagged First prize in Movie Making at Apeejay School Noida

Sagar Kaistha of class XII A won First prize in Photography at Cyber Buzz, AIS G43

General Assembly IX-D



Samridh Srivastava and Yathansh Tewatia of class XII won 1st position in ideatech

Samridh Srivastava of class XII won 2nd position in (online competition)

Saumik Shashwat of class XII and Arnav Praneet of class X bagged First Prize in Senior Quiz at Apeejay School Noida



ACTIVITIES GALLERY



Etiquette Workshop
Classes V-VII
23rd July 2019



Mango Day
24th July 2019



Morning Assembly
Class VI B
29th July 2019



Crescendo 2019 at AIS, MV
25th & 26th July 2019



GENERAL ASSEMBLY
(III-C)
31st July 2019



SCIENCE FEST 2019
31st July 2019



Atal Tinkering Lab
Fest 31st July, 2019