



# THE AISMV BULLETIN

## THE ENLIGHTENED MINDS

AN AISMV INITIATIVE

### MESSAGE FROM PRINCIPAL'S DESK

#### BIO SCOPE

- ◆ Message from Principal's Desk.
- ◆ Team YP U-MATTER
- ◆ Hindi Diwas
- ◆ Junior Junction – Expressions, Budding Artists & Special Assemblies
- ◆ Middle Mosaic-Expressions, Creativity Galore & Special Assembly
- ◆ Senior Symphony-Expressions, Creativity Galore.
- ◆ Events & Achievements
- ◆ Self Reflection



Mrs. Meenu Kanwar  
Principal

“Schools are buildings with four walls that hold tomorrow within them...”

Dear Students

Welcome Back to school once more! It's really encouraging to see some of our students coming back to school, slowly and steadily, once again. Indeed, schools function not only as a fountainhead of learning but also more importantly, a sound preparatory ground to nurture and nourish the tender lives of children coming to us and groom them as worthy citizens of tomorrow. Students learn so much more in schools and not just the rudiments of basic education. It is here that they build on core life skills such as critical thinking and inter-personal skills apart from imbibing sound values of working together as a team and a healthy competitive spirit. That is why experts across the world are urging schools to reopen their campuses once again and fill them with the happy sounds of children resounding in the corridors of their buildings.

Our esteemed Founder President Sir and Chairperson Ma'am have always endeavoured to offer the best of facilities to each child studying at Amity. Under their sagacious guidance, Amity was the pioneer and the first to adapt to the online mode of learning during the lockdown last year. Our innovative initiatives and activities such as virtual picnics, Yoga classes and online presentations and PTMs ensured that students remain productively engaged and closely connected with school even while learning from their own homes. Today, as the system shifts to the hybrid mode of learning, we at Amity assure parents that we leave no stone unturned to make sure that students come back to a safe and secure environment when they come to school to attend classes and that safety of our students is paramount to everything else. We take all measures to ensure that Covid protocols are followed strictly inside the school campus by both staff as well as students.

With the hope to see all our students back in the school campus once again soon, I wish you all Good Luck for the session ahead!

### FEATHERS IN OUR CAP

The students of Metaverse, the Cyber Society of the school, put up a spectacular performance at the Inter-School Cyber Event 'Alphabit' organized by AIS Saket. Class XII students won 2nd Prize in 'Tech Quiz'.



Arnab Praneet

Debodhwani



'Breakout', the inter-school virtual Western Music competition, was organized by AIS Saket. Our team **Crescendo** had a clean sweep and won the rolling trophy in the competition.

	Debaditya Halder 12G	Keyboard (First)
	Shashwat Nagar 12 A	Electri Guita (Second)
	Kartik Dua 11A	Acoustic Guitar (Second)
	Utkarsh Garg 11A	Bass (Third)

#### EDITORIAL TEAM

**Newsletter Incharge:** Ms. Rohini Penna  
**Editing and Compiling:** Ms. Kavita Sharma  
**Design & Concept:** Ms. Osheen Varshney  
**Graphic Editor:** Mr. Yogesh Dubey, Mr. Rahul Kumar



# Youth Power Team 2021



## WHY U MATTER?

*you matter*

Team U Matter, the Youth Power team of AISMV 2021-22 is here! This pandemic gave our lifestyle a 360° turn and also has majorly affected the mental health of a lot of people including us. And that's why we chose 'Effect of pandemic on mental health' as our topic. The name and meaning of our topic is very straightforward: U MATTER. Irrespective of gender, colour, topper or backbencher, anyone and everyone, U MATTER.

Feelings are important because it allows one to feel like they belong, not only in society, to an organisation, family or team, but within themselves. When someone feels they belong somewhere, when someone feels that they matter, then we can truly see what they are capable of. Team U MATTER aims to spread positivity through little efforts.

I'M WATER,

YOU CAN'T BREAK ME:

Everything on earth takes the shape of  
water  
With water flowing in my veins as blood  
I know how I feel

I move and I move till the colourless turns  
into red and

Red the only colour in my heart  
until the last emotion drop downs my  
cheek yet again I'm reminded  
that I feel too much

It is something that I feel and it is real to  
me

Nothing anyone says has the power to  
invalidate that

Yet again I'm reminded that tears are just  
another matter

Without direction it takes the shape of life  
Runs through all neon bright and faded  
colours of our heart

Learns it's own lessons

Gathers it's own stories

From tears of happiness to tears of sadness

No one has the right to dictate or judge

How I feel because my feelings matter

And in those days I know

I feel

You can't break me!

-Devanshi Prabhakar, 11-G

## AASHAYEN NAYE KAL KI

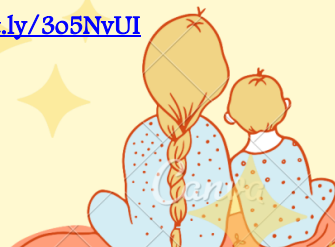
NOVEMBER 14, 2021

**MOVIENAMA**  
| 11.30 AM-12. AM | CLASSES 1-12|

**WORKSHOP ON POSITIVE PARENTING**  
| 12 PM - 1 PM | PARENTS|

**LINK:**

<https://bit.ly/3o5NvUI>



## TEAM U-MATTER PRESENTS . . .

TEAM U MATTER is here with another virtual event -  
"ASHAYEN NAYE KAL KI" on the occasion of children's day,  
i.e., 14 November.

Following sessions will be conducted:

Movienama: 11:30 am - 12:00 noon [Classes 1-12]

Workshop on Positive Parenting: 12pm - 1pm [For Parents]

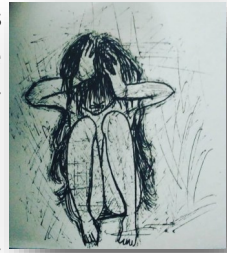
*Workshop on positive parenting will be taken by child  
counsellors from Fortis Hospital.*



**YOU  
MATTER**

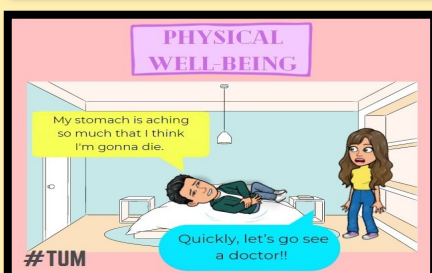
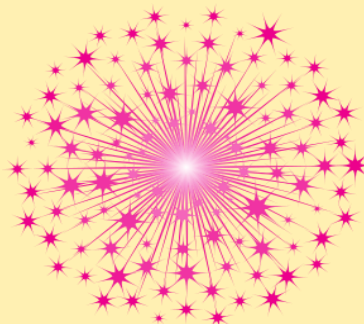


We know of fierce battles fought with swords and guns yet few pay attention to the battles many people fight with themselves everyday. Mental health has remained a stigma for long enough. People ignore their own or other's mental health issues because they either think it is too embarrassing or that it's simply nothing or that mental health issues don't exist. Just because something isn't visible doesn't mean it doesn't exist. When someone tries to talk or discuss their issues with their family or friends they are often told that it's all in their head or that it will go away on its own eventually. **Team U Matter or TUM**, the youth power team of Amity International School, Mayur Vihar is a small effort to change people's false beliefs and get them to be more open about their mental issues especially now when mental health problems are at a rise. What mental health needs today is more sunlight and more unashamed conversations. This initiative is for the students especially since the Covid pandemic has affected them the most. Many, developed social anxiety due to lockdown or even depression after losing their loved ones. Some even lost their parents due to the pandemic. Fun activities and workshops were organised for the students to participate and enjoy and to learn something new about mental health. Through these various activities students learn to express themselves freely without getting embarrassed. Through these activities students understand that they are not alone, others are going through the same situation as well. Recovering from a daunting experience can take time but one must not allow one's issues to define who they are. Everyday, one just have to get up and try his best. As said by Dr Noam Shpancer, "Mental health is not a destination but a process. It's about how you drive, not where you are going."



## COMIC STRIPS (U-MATTER)

Contributed By: *ESHAL AHMAD (7A) & TRISHA AGGARWAL (8D)*



# POETIC EXPRESSIONS

## JUDGEMENT

By Poorti Maheshwari, 10C



Community's judgement and pressure,  
We all have to fight this together.  
Fat, slim, short or tall doesn't matter,  
And because of this you should not let your dreams shatter.

People might look down on your passion,  
Which will give you a path to self-doubt and depression.  
If you have no one to support your success,  
Then believe in yourself to find happiness.

Hearing that you are different from everybody else,  
Can make your thoughts complex.  
Don't let these acuity of people make you weak,  
Because the truth is that you are unique.

Commenting of people can have an adverse effect on  
mind, Eventually, self-confidence will be hard to find.  
Do not let these judgement come in the way,  
For a better tomorrow so, start staying strong from today.

## KEY TO HAPPINESS

By Eshal Ahmad, 7A

"If there's one thing certain about this world? It's that nothing is certain. You think you got your life under control? Next thing you know there's a pandemic. The stress of this warzone on our minds are is truly unbelievable. There's all SORTS of things to be worried about- exams, health, finance, whatnot."

They dream of a place far away,  
All their troubles become distant,  
The stress and anxiety they face,  
It will all become non-existent.



They float to the clouds at peace,  
They never think twice about a thing,  
The place where they think their emotions don't have them,  
In reality they have them on a string.

The thoughts of getting low marks,  
The wishes going unfulfilled,  
Their weaknesses and flaws,  
Things they are at unskilled.

But do you know their dream place,  
It's not that far away,  
The magic places to unlock,  
Inside yourself stay.

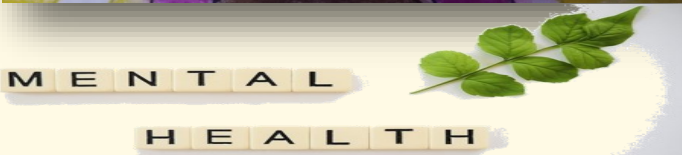
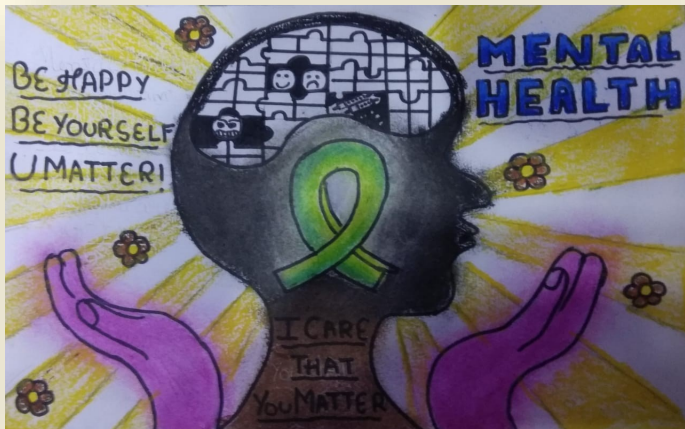
The secret to this spectacle,  
Is very hard to find,  
Unlocking this is difficult,  
But lies happily in your mind. I

It's simple, just go de-stress,  
Talk to family, friends,  
Relax and focus on what you like,  
The WHAT, on you, depends.

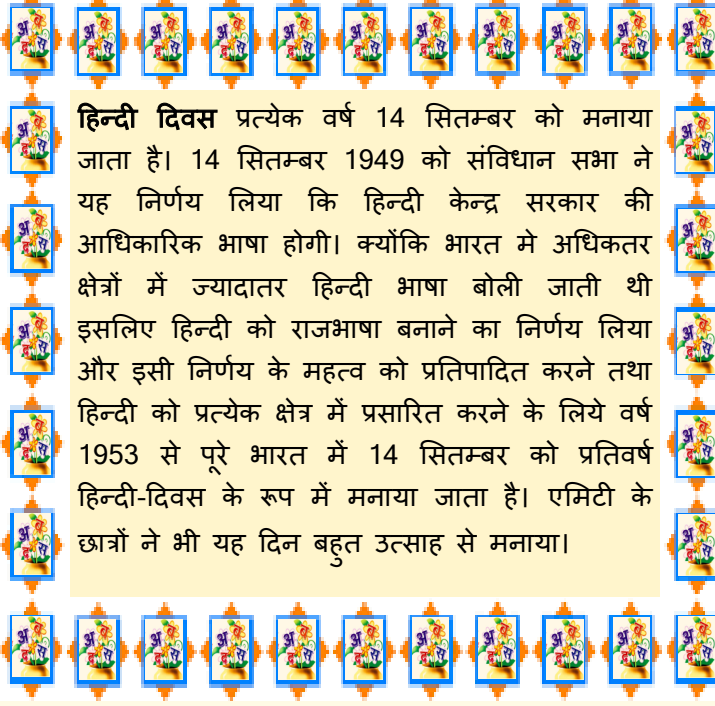
Maybe maintain a diary?  
An outlet for whatever.  
Write down what you hate and find  
You've now lost it forever.

Do yourself enjoy,  
Let happiness deploy,  
Your problems WILL annoy,  
Do your best to destroy.

Talk with someone you trust,  
Go do your own thing,  
Stop reading and go and bask in the  
Happiness it will bring.







**हिन्दी दिवस** प्रत्येक वर्ष 14 सितम्बर को मनाया जाता है। 14 सितम्बर 1949 को संविधान सभा ने यह निर्णय लिया कि हिन्दी केन्द्र सरकार की आधिकारिक भाषा होगी। क्योंकि भारत में अधिकतर क्षेत्रों में ज्यादातर हिन्दी भाषा बोली जाती थी इसलिए हिन्दी को राजभाषा बनाने का निर्णय लिया और इसी निर्णय के महत्व को प्रतिपादित करने तथा हिन्दी को प्रत्येक क्षेत्र में प्रसारित करने के लिये वर्ष 1953 से पूरे भारत में 14 सितम्बर को प्रतिवर्ष हिन्दी-दिवस के रूप में मनाया जाता है। एमिटी के छात्रों ने भी यह दिन बहुत उत्साह से मनाया।

### धरती के भगवान

- मेघा रानी , 12G

आज उन्हे याद करते हैं, जो सोए नहीं कई रातों से  
अपनी हर साँस-साँस पर मौत का साया बांधे  
चल पडे युद्ध लड़ने को, कर्तव्य पालन करने को  
जब अंधेरा छा रहा था आशाएँ निराशाएँ बन गई थी  
भय का साया लेकर घर मे केद थे  
तब कोई था जो हमारे लिए घर से बाहर निकल रहा था  
अश्रुओं की धारा पी गए,थकावट सजावट बन गई,  
सांस, सांसो पर अटकी थी,  
भूख-प्यास,नींद-चैन सब त्याग दिया, ऐ वतन, यह जीवन तेरे नाम कर दिया  
ऐसे पूत कहाँ होते हैं जिनके काम बड़े और नाम छोटे होते हैं।  
भूल गए वे अपने हँसता-खेलता संसार,  
इसी आशा में कि किसी का चिराग बुझ न जाए,  
किसी कि खुशियाँ खो न जाए।  
आसान नहीं था,कर्तव्य को प्रमाण कर अपने हितों को भूल जाना  
यह जिंदादिली थी,बहादुरी थी,तपस्या थी,  
इंसानियत को बचाने के लिए सीखा गए वो जीवन का सार  
जिया भी तो क्या जिया,जो दूसरे के लिए न जिया  
यही प्रेरणा है,ज्ञान हैं और स्वयं भगवान हैं  
आज उन्हें सलाम है जिनकी बढौलत हमारा ईमान हैं।  
आज इन कर्मवीरो को प्रणाम हैं, जिनकी बढौलत हमारी जान है,जान है, जहाँ है।



### एक दिया ऐसा भी जलाना

-मेघा रानी 12G

एक दिया ऐसा भी जलाना  
अंधेरों वीरानो में प्रकाश की लौ जगमगाना।  
दीपो के त्योहार में, खुशियों की बहार में  
रंगोली की रंगरलियों में, मिठाइयों की मिठास में  
रामराज्य के आगाज में  
कोई छूट न जाए,  
सबको गले लगाना, एक दिया ऐसा भी जलाना।  
जब टूट गए सपने सौ बार  
भविष्य पड़ा था काल के द्वार  
उस निराशा में भी आशा की लौ लगाना  
एक दिया ऐसा भी जलाना।  
बिखर गई थी कलिया, चिड़ियों की छूटी थी डलिया  
अपनो के साये थे खोए, दुख भी उनके देख न पाए,  
उस दुख में भी तुम मुस्काना  
एक दिया ऐसा भी जलाना।  
जिनके आंचल छूटे न छूटते, आज थे वो खोए,  
परदेस से घर की बत्तियां थे जलाते ,  
आज खुद बत्तियों को तलाश रहे,  
लड़ने चले थे जो बहादुर सिपाही,  
उनके घर पसरा सन्नाटा है  
खेलने कूदने के जिनके शोक न होते खत्म ,  
आज वो बचपन भूल गए है  
जीवन, जीवित और जंग,  
अब थमते से लग रहे थे  
उन थमते हुए राहों पर मंजिल का नया आगाज देखना  
एक दिया ऐसा भी जलाना  
अकेले की क्या बात है, मानव मानव के साथ है  
कांटो में भी फूल खिलाए है, हिम्मत कभी ना हारे है  
इसी विश्वास की लौ से सारा जग दिखलाना  
एक दिया ऐसा भी जलाना।  
एक दिया ऐसा भी जलाना,  
समस्त विश्व में खुशियों की रोशनी फैलाना।





## भारत माँ की बिन्दी

-धरा खरे -7A

हिन्दी तो भारत की बिन्दी कहलाती है  
माँ भारती की ये शोभा है!

संस्कृत की बेटी, उर्दू की बहना,  
लोक भाषाओं का मान है ये,  
हिन्दी दिवस के शुभ अवसर पे,  
गाएं बधाई सभी झूम झूम के!

हिन्दी तो भारत की बिन्दी कहलाती है  
माँ भारती की ये शोभा है!

## सच्चा शिक्षक

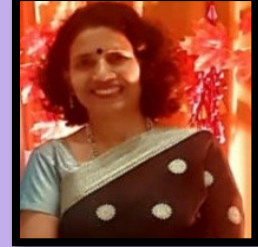
संत कबीरदास जी का दोहा हमेशा याद करती हूँ,  
जब भी मैं गुरु पर कुछ लिखती हूँ।

गुरु गोविन्द दोऊ खड़े, काके लागू पाए,  
बलिहारी गुरु आपने, गोविन्द दियो बताए।।  
जीवनपर्यन्त जो सीखता रहे, वही सच्चा शिक्षक  
सकारात्मक सोच हो जिसमें, उन्नति के मार्ग पर जो चलता हो,  
त्याग और सहनशक्ति की जो मूरत हो, वही सच्चा शिक्षक।

एक शिष्य के कोरे पटल को बुद्धि, विवेक से जो सींचे,  
नैतिक मूल्यों, संस्कारों का जो ज्ञान कराए,,  
धैर्यता का जो पाठ पढ़ाए, संकट से जो लड़ना सिखाए,  
विन्नमता की जो अलख जगाए, वही सच्चा शिक्षक ।।

अज्ञानता को दूर कर, ज्ञान की ज्योति जलाकर,  
सच्चाई की राह दिखाकर, एक अच्छा इन्सान बनाए,  
ईश्वर तक जो पहुँचाए, वही सच्चा शिक्षक ।।

श्रीमती शर्मिला जोशी,  
प्रार्थमिक शिक्षक



## हिंदी मेरा अभिमान है

-अयांश जैन -2A

हिंदी मेरा अभिमान है,  
हिंदी मेरी पहचान है,  
जन-जन की भाषा है हिंदी,  
हमारी राष्ट्रभाषा है हिन्दी,  
भारत माता के माथे की है बिंदी,  
हमारे देश की शान है हिंदी,  
वतन हमारा हिन्दूस्तान है,  
हिंदी हमारा गुलिस्ताँ है!

“हिंदी भाषा अनेकता में एकता को  
स्थापित करने की सूत्रधार है।”

सभी देशवासियों को

## हिन्दी दिवस

की हार्दिक शुभकामनाएं।



# JUNIOR JUNCTION

## MOVIE REVIEW

By- Saksham, 5C

### M.S. Dhoni: The Untold Story...



Coming from a middle-class family; an average student; just a boy living in a small city with a big dream, this is the story about how Mahi Becomes Dhoni. Casting of the movie is spot on. The actors look like they were made for this movie and they act very much in ease. Late Sushant Singh Rajput as the lead M.S Dhoni and Kiara Advani playing his wife Sakshi's role. The story never bores you despite being so long. Side actors such as Anupam Kher, Rajesh Sharma, Kumud Mishra, Kali Prasad Mukherjee, Disha Pathani and many more have performed amazingly well. The story begins with how a parent is worried that cricket or any other sport will not be a secured career option for their child and hence doesn't let his/her child play. The school coach then asks Mahi A.K.A Dhoni to practice with them who was then interested in football. The story then revolves around Dhoni and his love for cricket which grew more and more each day. Dhoni is now all grown up and devoted to cricket, gets all the support from his friends while his family is worried is about his secured future. Juggling between exams and practice Dhoni somehow manages to pass out from school. The story depicts struggles of a small-town boy and how he copes up with difficult situations. Under the pressure of his family Dhoni evens takes up a job as T.C. but soon quits it as his goal to become a cricketer was quite determined. Soon we see him play for Indian cricket team. We also see a glimpse of Dhoni's personal life, how he met and married his wife Sakshi Dhoni. The priceless moment of every MSD fan was when Dhoni hits the last six and becomes a game changer. Despite knowing the end of the movie, the climax leaves us on the edge of our seat cheering for Dhoni. This movie is a perfect rollercoaster of emotions and for every cricket fan reliving the world cup of 2011 is priceless. On the scale of 1 to 5, I would like to rate this movie 5 and it's a must watch even if you're aren't a cricket or Dhoni fan, this movie will make sure you become one.

### If God Made Me A Super-Heroine

By- Shaman, 2A



*If God made me a super Heroine, I would like to have the super-power of successfully vaccinating the whole world against all current and future viruses in one go. Covid has impacted life of all of us. We are unable to go to school and meet our teachers and friends. If I will vaccinate one and all, there will be no loss in present or future due to any pandemic or virus. We will be able to enjoy the beautiful life God has gifted us. There will also be no fear of any virus in future due to my super-vaccine.*



## FUN FACTS ON SPORTS

By Dhairya, 5B

- ◇ WRESTLING is considered to be the oldest sports in the world.
- ◇ CHESS was invented in India.
- ◇ GOLF BALL on an average has around 336 dimples
- ◇ First ever sports played on moon is GOLF in the year 1971.





# JUNIOR JUNCTION

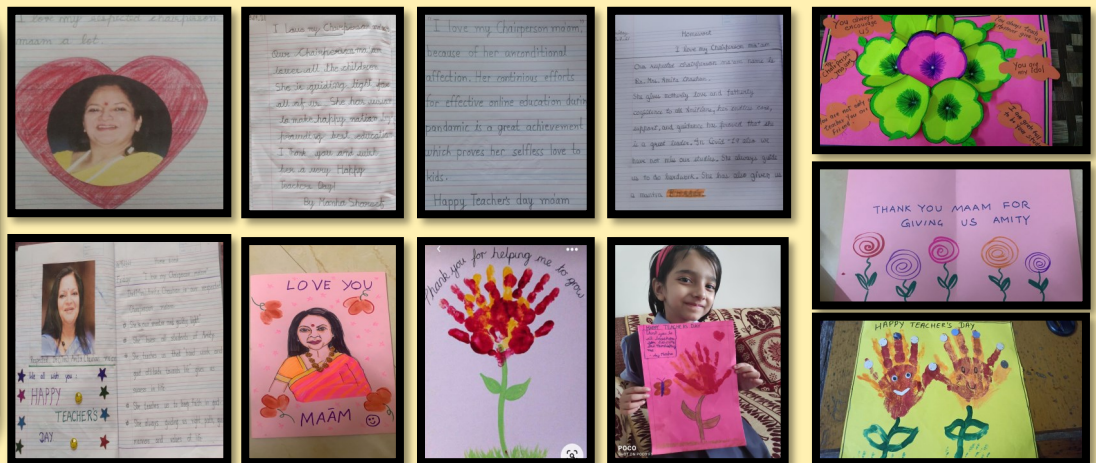
## TEACHERS' DAY CLASSES 1-4

Teachers' day is celebrated as a tribute to the teachers. Although World Teachers Day is celebrated on 5<sup>th</sup> October, in India we celebrate it on 5<sup>th</sup> September which is the birth anniversary of **Dr. Sarvepalli Radhakrishnan**, a great teacher and a staunch believer of education, a well-known diplomat, scholar and the second President of the independent India.

### ACTIVITIES:

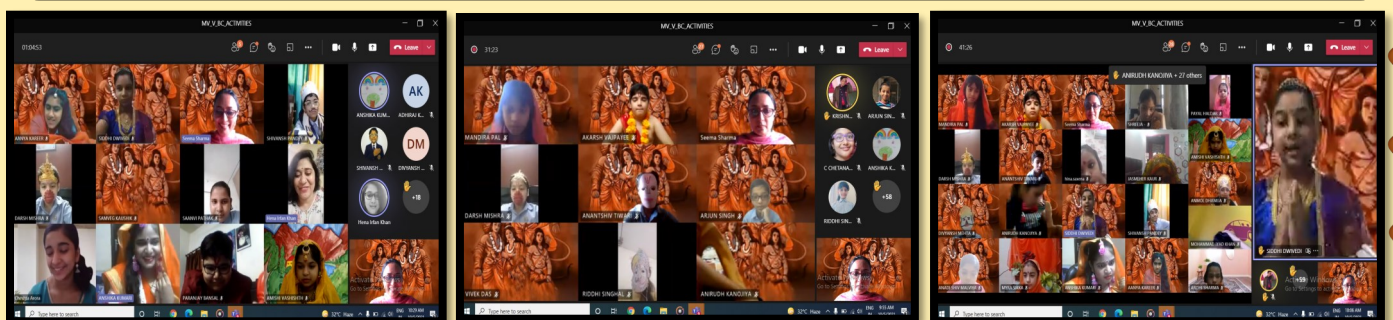
(CLASSES 1 TO 5)

- ◆ CARD MAKING
- ◆ E-CARD MAKING
- ◆ ACOUSTIC WRITING
- ◆ POEM WRITING
- ◆ TALK SHOW
- ◆ PPT MAKING



## DUSSEHRA (RAMKATHA) CLASS-5

To mark the occasion of Dussehra a 'Dialogue Expression' activity was organised from Ramkatha. The students recited the dialogues of all the characters of Ramayana on this occasion. Their costumes, masks and expressions added to the appeal and made the characters lively.



# JUNIOR JUNCTION

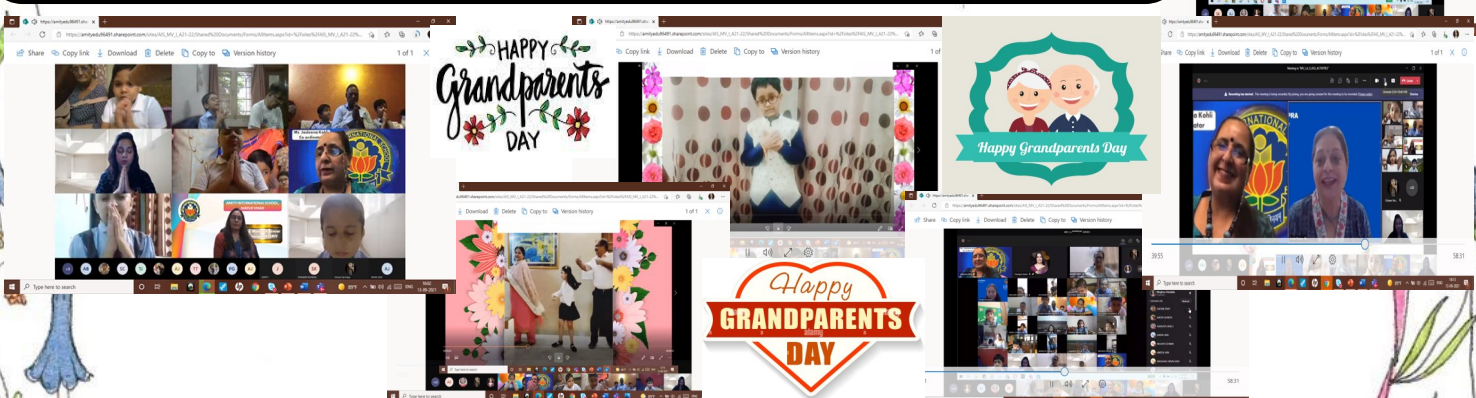


## GRANDPARENTS' DAY CLASS-1A



*'Grandparents are the footsteps to the future generation'*

Grandparents are our role models and they inspire us in many ways known and unknown. They play a major role in our lives and their stories of hardships and struggle make us stronger and give us the positive energy of not losing hopes and moving on in life.



## WORLD LAUGHTER DAY CLASS-2A

A day without laughter is a day wasted



Talented and versatile artists of Class 2A presented a virtual assembly to celebrate 'Laughter day'. Students talked about the importance of laughter, how and who started the celebration of laughter day and what do people do on this day. They then showcased their talent by their comedy acts and jokes.



# JUNIOR JUNCTION

## WORLD FOOD DAY CLASS-5A

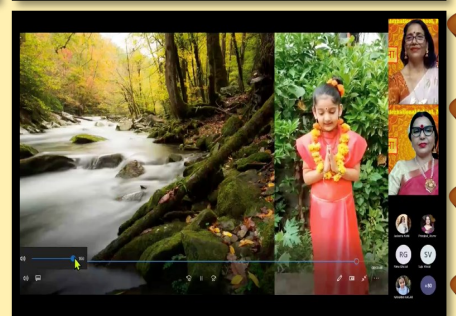
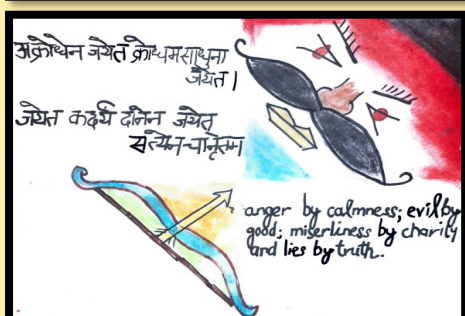
World Food Day is an international day celebrated every year worldwide on 16 October to commemorate the date of the founding of the United Nations Food and Agriculture Organization in 1945. To mark this important Day, students presented a virtual assembly to suggest the ways and means of achieving the 'Sustainable Goal-2 of ZERO HUNGER'.

2 ZERO HUNGER



## CLASS PRESENTATION CLASS-2

Students of Class 2 performed 'Ramleela', a glorious narrative which depicts the goal of human life and puts forth a strong value system. Through different sections of Ramayan the students depicted the values of love, friendship, humility, brotherhood and respect. They showcased these values with the rendition of shlokas, chaupaees, dance, music, yoga, respect to teachers and elders, compassion towards all lives that are regularly practised and keeps us connected to our roots.

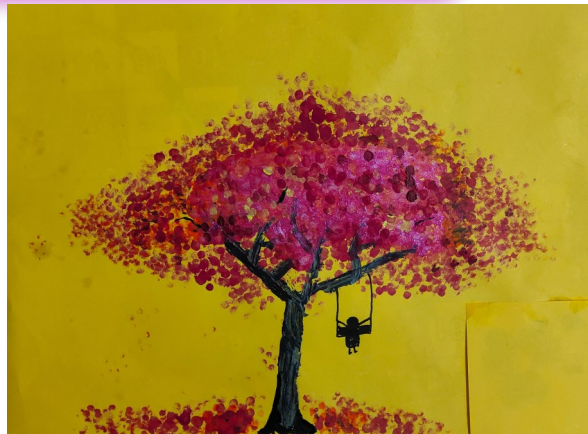


# JUNIOR JUNCTION

## BUDDING ARTISTS



ANSHIKA KUMARI 5C



AVNI MENON 4B



BHAVYA GUPTA 1B



SHOURYA KUMAR 4C



VIDUSHI SAWHNEY 1B



SAKSHAM 5C

# MIDDLE MOSAIC

## EXPRESSIONS

### MY GRANDMA



My grandmother is a remarkable woman. She's a wonderful combination of warmth and kindness; laughter and love. My grandmother taught me everything except how to hate her. She is a very lovable and likeable person. A few years ago, while my parents were out for their work, my grandma took care of me and never allowed me to feel lonely. In the morning, she would cook delicious food for me and then I would wake up smelling the mouth-watering aroma of all the spices. She would make my stationery and books ready for me and packed my bag. We would sit in her old car and then go to the school. While I would study, she would spend her time in the nearby temple. As soon as the bell would ring, she would come and pick me up. On the way home she would buy me an ice-cream. Once we were home, she would make me a glass of orange juice. She was always making the environment of the house comfortable for me. I felt that I had an angel who would always take care of me. I will always love her. I would like to say, "A HOUSE CAN NEVER BE WARM WITHOUT ONE'S GRANDPARENTS!"

By- Gunika Mahajan, 7A

### MEWA MALAI COCONUT CHOCOLATE LADDOO

By- Atishay Jain 7A

#### INGREDIENTS

- 100 GRAMS MAWA / KHOYA
- 20 GRAMS CHENA / PANEER
- 50 GRAMS DRY FRUITS
- 150 GRAMS DECCICATED COCONUT POWDER
- 2 TABLE SPOON GHEE
- 1 CUP MILK
- 2 TABLE SPOONS WHITE CHOCOLATE AND HALF CUP MILK CHOCOLATE
- 3 TABLE SPOON SUGAR



#### METHOD:

FIRST IN AN IRON PAN ADD HALF THE GHEE. ONCE THE GHEE MELTS ADD CHENA , DRY FRUITS AND MAWA ROAST FOR FEW MINUTES. THEN ADD MILK AND SUGAR. ONCE THE MIXTURE BOILS ADD CHOCOLATE. AFTER IT MELTS ADD COCONUT AND REST OF THE GHEE. AFTER THE MIXTURE LEAVES THE SIDES OF THE PAN KEEP ASIDE FOR 10 MINUTES. WHEN IT COOLS DOWN MAKE LADDOS OUT OF IT AND COAT THEM IN COCONUT POWDER. YUMMY LADDOS ARE READY!

## DUSSEHRA (GOOD OVER EVIL) 6CD



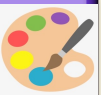
There is no denying that there is evil in this world but the light will always conquer the darkness."

The Ramayana is not just a story, but also an **educational medium to demonstrate the importance of values** such as loving and respecting your family, keeping your promises, protecting the weak and so on. To mark the importance of the festivals, students presented a virtual assembly in the form of poems and songs.

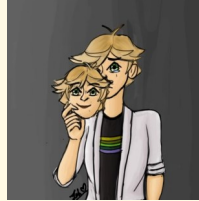




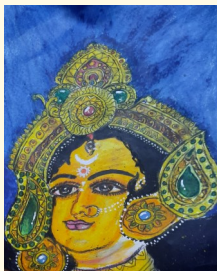
# MIDDLE MOSAIC



## Creativity Galore

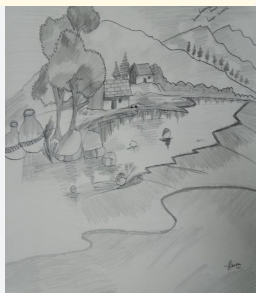


↑ JAHANVI MALIK 7A ↓

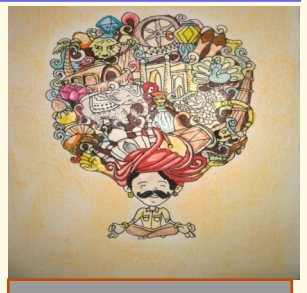
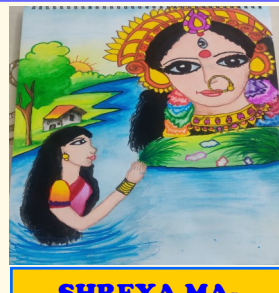
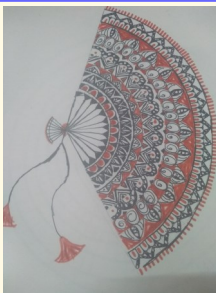


↑ CHAVI AGARWAL 6C ↓

↑ ISHAAN GOEL 6C ↓



↑ SAINA NARANG 7C ↓

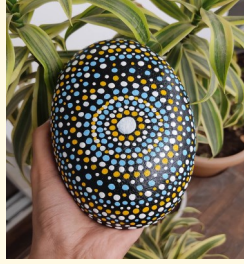


↑ SANVI TRIPATHI VI-A ↓

↑ SAMBHAV VERMA 7A ↓

↑ SHREYA MA-HESHWARI 6C ↓

↑ PRISHA GUPTA 6B ↓



↑ ADITI MISHRA 8D ↓



# SENIOR SYMPHONY

## EXPRESSIONS

### LEARNINGS FROM THE FESTIVITIES

Navratri, a festival of worshipping the nine forms of Maa Durga. Just like, a baby lives in his mother's womb, similarly, we too live inside us, in nature, invoking the blessings of these Devis for these nine days. We see people all around us invoking deities, staying up all night, observing fasts and embracing purity. We depict these Devis as holding eight weapons. We also show demons lying slain, below their feet. Did those deities practice violence? Did they torture the demons? No, our divinity gets merged, and our vices get emerged. It is our divinity that has overpowered the vices. So, they are not the demons that physically exist, those are the vices; our wrong habits, negativity, and weaknesses which are forced out of us by our divine nature. We have also heard that the Devis are Ashtabhuj Dhari. Were the deities born having 8 arms? So AshtaBhuja Dhari (the one with 8 arms) means a Divine Soul having 8 powers- *Power to Tolerate, Power to Face Challenges, Power to Discern, Power to Decide, Power to Cooperate, Power to Let Go, Power to Withdraw*. We all have so many powers within us. Yet we say very easily, "I have no power in me". "I cannot be patient" or "I cannot adjust with everyone", "How much should I adjust, and why should I be the only one adjusting every time?" By repeatedly speaking such words, we have depleted the power within us. We see and hear girls being abused every next second, still, we girls forget the Durga inside us. So, for the 9 days during Navaratri, we need to invoke our powers. Today let us make efforts that we all have those 8 powers within us, within our souls. All obstacles and troubles in our lives would be easier to fight against as good always wins over evil. If we are invoking these powers in these nine days, they should remain in us throughout our life. After these nine days, we have Vijay Dashami (Dussehra), the victory of good over evil, the victory of Lord Rama over Ravana. Ravana, considered to be the most revered devotee of Lord Shiva. But he couldn't control his vices and walked on the path of iniquity, immortality, and injustice and became lawless. He abducted Lord Rama's wife, Goddess Sita, and wanted to marry her. These wrongdoings led to his fatal end. Thus, we should always be on the right path and do the right things by invoking the blessings of God. Even if we do something wrong, we should apologize sincerely and repent for our wrong doings.

By- Kirti Ahuja (11-F)

### Susan and Margery

- Shreya Chakrabarty, 9B

She could no longer hear the police sirens. She had left them behind. She had been living a seemingly normal life until she woke up to find her brother stabbed right through the heart and her best friend Margery missing. That was two days ago and since then she had been running through the forest. Just to find Margery and to know from her the truth. Staggering she moved forward. Her legs were tired from running and wanted to rest but she could hear the sirens again. With all the strength she could muster she ran and ran faster than she ever could. In the same forest, Margery was running too. Running from the truth. She had killed a person. She didn't know why. Though she felt bad for leaving Susan behind. After all she was her best friend. But she was trying to forget all that. She had already forgotten Susan's voice. And She was beginning to forget her face too. That was funny. Did she have blue eyes or maybe she had black... Her thoughts were shattered by the clear sound of sirens. Surprised, she looked around and found her surrounded by police constables. Did they know? Had Susan told them? These thoughts raced in her mind. The police were closing upon her with guns in their hand. A bluff, she thought. They couldn't shoot her, she knew that. And with all her strength she lurched forwards with a knife in her hand, snatching a gun from a police's hand and then she shot. Susan slowed down as she had left the police behind again. She sat down. She searched her satchel for something to eat but the only thing she found was a gun!! Shocked she pulled it out. How had it come here? Had Margery put it there? But she didn't have time to think, she could hear the voices of the police. Hastily putting the gun back, she started running again. Margery looked at the gun morbidly. She had killed another man. She had killed a police constable. Laughing hysterically, she ran towards the exit of her forest. Susan ran wildly. The exit of the forest was not far. She needed to go to Margery. But she couldn't remember Margery's voice. She couldn't remember her face. But she had to remember them. She had to run. The voices were louder now. Her legs finally gave away and she fell to the ground. She felt two hands grab her tightly and pulling her forcefully. "She put up quite a good fight. Killed a constable in the fight. Poor girl. She has split personality disorder. Ran away from the asylum after killing her brother. Glad we caught her at last." Said one inspector standing not far away. And walking towards the asylum Susan desperately tried to remember Margery's face and yet her mind was oblivious to one fact. The fact that Susan was Margery.



# SENIOR SYMPHONY



## CHHATH PUJA

By-Vartika Shri (11-F)

Chhath Puja is a Hindu festival which is dedicated to sun and his sister. This festival is mostly celebrated in Bihar, Jharkhand, Eastern UP and parts of Nepal. It is believed that in ancient times, Draupadi and Pandavas used to celebrate Chhath in order to solve their issues and gain their lost kingdom again. Chhath is a four day festival which starts four days after Diwali. Despite being a puja it is a community festival because family members who are settled far and wide try to participate in it. It is the only festival in which besides the rising sun setting sun is also worshipped. The first day of Chhath Puja is called Nahay Khay in which the people who are fasting take a bath and make prasad for everyone. The second day of Chhath is called Kharna in which the people who are fasting eat a little after the sunset. They prepare kheer for the family. After that they break their fast on the fourth day. Day 3 of Chhath is called Sandhya Argh in which setting sun is worshipped and Thekua is prepared on that day. Day 4 of Chhath is called Morning Argh in which the rising sun is worshipped and people finally break their fast.

## Creativity Galore



ASHIMA AHLAWAT 11-I



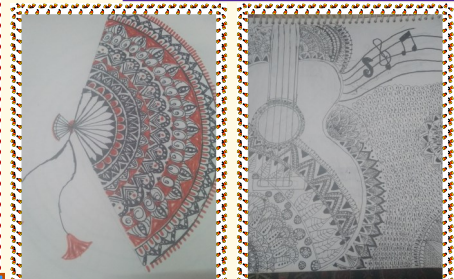
VASAVI TANEJA 11C



PRERNA ARYA 11C



YASH THAKUR 9D



SANVI TRIPATHI 10-C





# SENIOR SYMPHONY

## MOVIE REVIEW

### Spies in Disguise



Spies in Disguise is a computer animated spy comedy film starring the voices of Will Smith as Lance Sterling, a secret agent turned annoying pigeon and Tom Holland as Walter Beckett, a young genius responsible for it, who have to get the agent back to human while fighting the cybernetic terrorist, Killain.

As all spy movies, it has its fair share of action, vehicles and gadgets along with the computer animations and of course, humor.

But personally, the high point of the movie was the rebellion posed by Tom Holland's character to the age old philosophy of continuing the cycles of inflicting pain and revenge, bringing a fresh perspective of pacifism and non-lethal forces to the spy bureau, because when you fight fire with fire, everyone gets burned.

A lively and humorous movie suitable for everyone to watch, which might just leave you thinking.



-Sushant Subramanian, 11 C

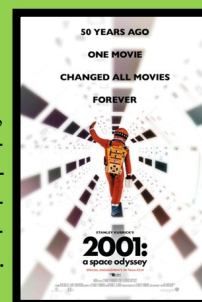
### 2001: A space odyssey

By- Tavish Kaul 10A

An imposing black structure provides a connection between the past and the future in this enigmatic adaptation of a short story by revered sci-fi author Arthur C. Clarke. When Dr. David Bowman and other astronauts are sent on a mysterious mission, their ship's computer system HAL 9000, begins to display increasingly strange behaviour, leading up to a tense showdown between man and machine that results in a mind-bending trek through space and time.

Why this movie is so special to science fiction category because

Stanley Kubrick redefined the limits of filmmaking in his classic science fiction masterpiece, contemplation on the nature of humanity, 2001: A Space Odyssey. Stone Age Earth: In the presence of a mysterious black obelisk, pre-humans discover the use of tools--and weapons--violently taking first steps toward intelligence. 1999: On Earth's moon astronauts uncover another mysterious black obelisk. 2001: Between Earth and Jupiter, the spacecraft's intelligent computer makes a mistake that kills most of the human crew--then continues to kill to hide its error. Beyond Time: The sole survivor of the journey to Jupiter ascends to the next level of humanity.



# Events & Achievements

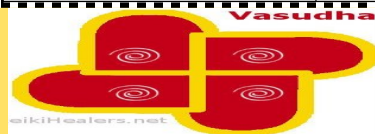


## VIRTUOSO 2021 (Classes 6-8)



Crescendo, the Western Music Society of AISMV organized Virtuoso- Intra School Western Music Solo Singing & Solo Instrumental Competition for classes 6-8 on 7th October 2021 on Microsoft Teams.

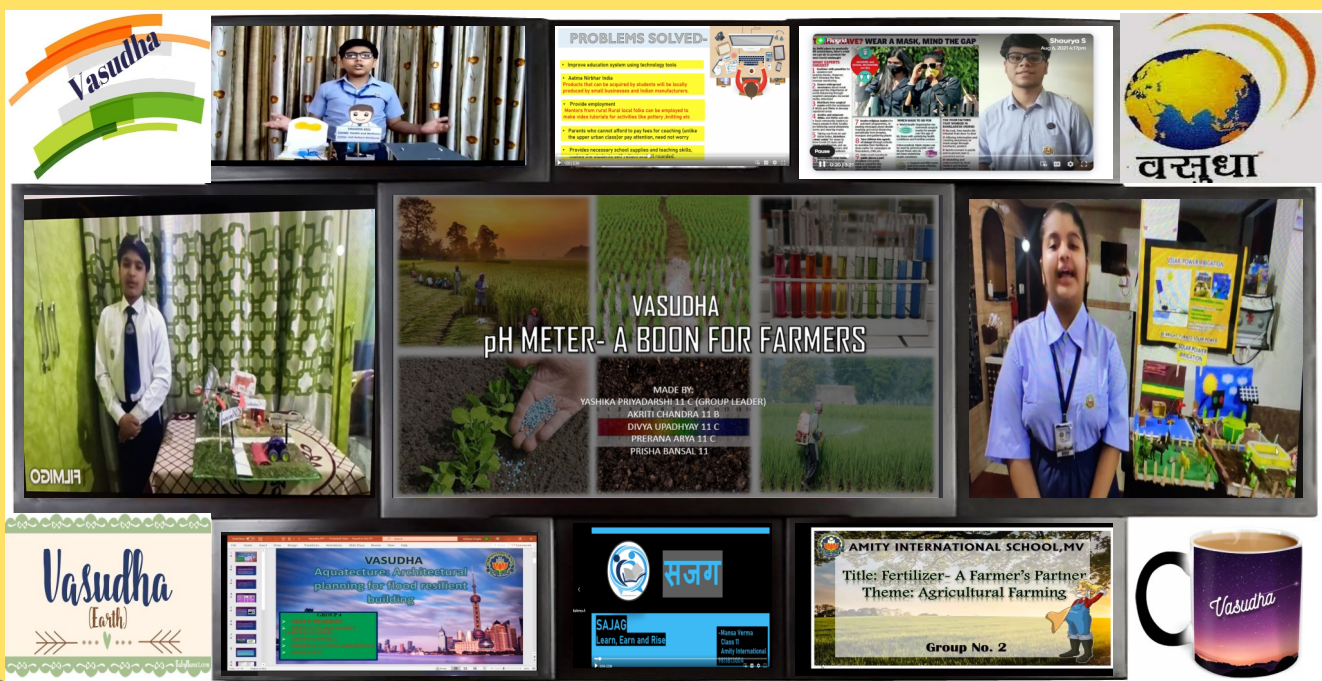
CATEGORY	PRIZE	NAME	CLASS
Solo Singing	First	Gauravi Aggarwal	VIIB
	Second	Geet Verma	VIIIA
	Third	Suvigya Mathur	VIIIA
	Fourth	Vanya Nautiyal Shrishti Narayan	VIIB VID
	Fifth	Niveditha Rajesh	VIIIC
	Upcoming Vocalist	Nitakshi Bhaskar	VIC
Instrumental Solo	First	Vedaansh Mittra	VIIIA
	Second	Sparsh Verma	VIIIA
	Third	Adya Garg	VIIIC
	Fourth	Atharva Tandon	VIIB
	Fifth	Anika Jain	VIB



# VASUDHA



Science is the process of learning about the natural world through observation and experimentation. The ultimate goal of Vasudha is to provide a forum to children to stimulate scientific temperament in them and to pursue their natural curiosity and creativity.



# SELF-REFLECTION

## August Newsletter quiz winners

Siddhi Dwivedi	5C
Vartika Shri	11-F
DIVYANU MEHTA	7D
Atharv Gupta	VII - D
Adya garg	8-C
Nitya Sharma	7D



## QUIZ PORTAL

Send your answers to:

[ksharma2@aismv.amity.edu](mailto:ksharma2@aismv.amity.edu)



Ques 1. When do we celebrate Hindi Diwas?

Ques 2. Which theme is taken by Youth Power Team?

Ques 3. Who is the lead actor of the movie M.S. Dhoni?

Ques 4. Who is the author of the short story 2001:A Space Odyssy?

Ques 5. Chhath Puja starts \_\_\_\_\_ days after Diwali.

